

Issue  
**October  
2016**

# The Foreword



## Our Leadership:

### Developmental Minister

Rev. Michelle Buhite  
(Office).....634-3010  
minister@uuamherst.org

### Ministerial Intern

Rev. Lisa Peterangelo  
(Office).....634-3010  
revlisa@uuamherst.org

### Minister Emerita

Rev. Maureen Q. Thitchener

### Director of Faith Development

Karen LoBracco  
585-730-0686  
dfd@uuamherst.org

### Music Director

Fran Landis.....694-1106  
music@uuamherst.org

### Caretaker

Chris Barry.....479-4239

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### Office Administrator/ Newsletter Editor

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**Office hours:  
9:00am until 2:00pm,  
Tuesday through Friday**

## The Newsletter of the **Unitarian Universalist Church of Amherst**

6320 Main Street, Williamsville, NY 14221  
Phone: 716-634-3010  
www.uuamherst.org

## SUNDAY SERVICES IN OCTOBER AT 10:30AM

### 2 *New Yorkers Against Gun Violence*

Paul McQuillen, ESQ has worked tirelessly over many years to reduce the occurrence of gun violence. Today he'll let us know how it's going. The plate collection will be donated to Little Portion Friary which provides shelter for homeless men and women in our city.

### 9 *Spiritual Justice.*

Rev. Lisa Peterangelo  
Why do we need it and what does it look like?

### 16 *Relationship and Creative Interchange*

Rev. Michelle Buhite. Finding the depth of creative interchange with its peace and power and love and wisdom.

### 23 *The Courage of Our Convictions*

Rev. Michelle Buhite Faith in Action

### 30 *Vasalisa and Her Quest for Fire*

Rev. Michelle & Friends



### SPECIAL INTERWEAVE SERVICE:

**Sunday, October 9th at 2pm**

**With Rev. Lisa Peterangelo**

Interweave Service: a gathering of our LGBTQ community and their allies

## MINISTER'S CORNER



In my sermon, *The Last of All Days* (9/18), I shared that the purpose of my life is not to make plans, attend meetings, and be generally over-busy. I've done a lot of thinking about the purpose of

my life – and have come to the conclusion that the purpose of my life is to notice things, connect the dots, and help others find their voices. I can't help but notice when hymnals are reversed, chairs are askew, a newcomer stands alone during the greeting time on Sunday mornings, eyebrows furrow when babies gurgle... I notice, and I begin to connect the dots. What do these actions (or inactions) say about us as a faith community? Are we as open and friendly as we aspire to be? Do we assume that someone else will take care of things and people? I wonder... I'll bet I'm not the only one with these amazing powers of observation! Join me in noticing, connecting dots, and encouraging all of us to live into the promise of our life-changing and life-saving faith.

With grace and gratitude,

Rev. Michelle

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### Shared Ministry

The Minister's Discretionary Fund is available to members and friends who need financial assistance on a limited basis. Donations are accepted on an ongoing basis; checks should be made out to UUCA with "minister fund" in the memo line. This is a very tangible way that we can help one another and share in ministry. Any requests for assistance should be made directly to Rev. Michelle, and are confidential.

### Looking Ahead

Sat, 10/8 Animal Blessing (Waterhouse Pavilion) 10am

Bring your fur family and/or pictures and mementos of beloved pets as we recognize our connection to the creatures who have blessed our lives. Outdoors – dress accordingly. Pets welcome! The pavilion is in the Debbie Waterhouse Nature Preserve at the back of the property; follow the trail beyond the parking lot.

### Christmas Eve

Plan ahead! Mark your calendars!

5:00 pm – Christmas Eve Family Friendly Candlelight Service

(contact Rev. Michelle if you wish to have a child dedication; not limited to infants)

10:00 pm – Christmas Eve Vigil and Candlelight Service (choir to sing)



### Love Feast Thursdays

Third Thursday of each month! This month: Oct 20.

6pm – Light Dinner 6:30pm – Family Friendly Vespers 7:00pm – Drumming

(Children & Youth encouraged to participate in readings/music – contact Rev. Michelle)

### Choir Notes

The UUCA choir will sing on Sunday, Oct 23; rehearsals 10/9 & 16 at 9:30am. Contact Fran Landis ([fland88@aol.com](mailto:fland88@aol.com)) for more information.

### Covenant Groups Forming

Do you yearn for more meaningful connection? Are you interested in creating deeper relationships and talking about 'big' topics? You may enjoy a Covenant Group! Groups are forming now! Indicate your interest by signing up at the Welcome Desk or contacting Rev. Michelle ([minister@uuamherst.org](mailto:minister@uuamherst.org) or leave a note in her mailbox near the Living Room).



## Faith Development

### Calling All Non-Sunday Helping Hands

I have heard from several of you that while you support the Faith Development Program, you just don't want to miss being in the worship service! I understand, which is why I am assembling a collection of tasks, some of which can be done from home and others that involve working in the Faith Development space on days other than Sunday. And remember, we do not discriminate based on age, gender, if you do or do not have children, how long you have been involved with the congregation, etc. Pick one, or design your own:

Adopt a Bulletin Board to decorate and update

Organizers needed. We have lots of classroom supplies, but they are not always in the right place and labeled. OCD an asset.

Toddler toys have found their way into classroom spaces. Needed is someone to find and sort through what we have, decide with me what to keep and what we no longer need.

Bonus – you might get to take home a treasure!

Do dust bunnies and cob webs drive you crazy? Tackling a room or space a month – with or without circle of cleaning friends – would be a big gift to the Faith Development ministry.

Shoppers needed – Rummage Sale, second hand as well as retail. I supply the wish lists and you look for bargains. Let me know your “specialty”.

Karen's office helper – everything from laminating and trimming, discovering what is in my desk, file cabinet, cabinets and organizing, making copies, designing flyers and signs, etc., etc.

Sender of Birthday cards (provided)

Event planner or organizer – may or may not include providing food.

Coordinator of Childcare requests and providers.

Let's talk about how you can plug into the Faith Development Program for children and youth without missing Sunday worship.

Karen LoBracco, Interim Director of Faith Development

### Our Whole Lives Update

The leaders had been trained and the schedule ready, but unfortunately we did not have enough families participating to offer the 7<sup>th</sup>-9<sup>th</sup> grade OWL program this year. Very disappointing all around but the hope is that next year we will have a critical number of youth. In the meantime, there is *conversation* about offering the 10<sup>th</sup>-12<sup>th</sup> Grade level of OWL beginning in January. Youth and parents, give it some thought. Sharlynn Daun-Barnett, Barry Kent, Tara Kaye or Karen LoBracco would love to hear from you if your family might be interested.

### What Does an Interim Director of Faith Development Do – Part 1?

First and foremost, as your Interim Director of Faith Development, I am charged with supporting your programming for children and youth. But in addition, there are specific areas that we are charged with examining and working WITH YOU so that at the end of my 2 year contract you will be in a position to recruit and retain a qualified new director. Consider the first area:

#### **Coming to Terms with History**

*Helping the congregation's leaders to get a perspective on its RE history and culture.*

*Helping the congregation claim, honor and appreciate its past and work toward health and healing.*

*Gathering information and viewpoints about past events and circumstances.*

*Helping congregation and RE leaders to process the transition of the predecessor.*

During the Sept. 23 Start-Up Workshop time is set aside to tell the stories about past people and events that have shaped the present culture. The founding stories shape how we feel about ourselves, as do the events of last year that led to the departure of Victoria Crago as DRE. Processing takes time but can inform our future direction. Ignoring will doom us to relive the past, so one of my roles as your interim will be to ask questions and listen with an open heart. It is good that we are together to do this important interim work!



## LETTER FROM LISA

Happy Autumn to everyone. It's my favorite season and I look forward to sharing some hot cider with friends, family, and the UU-CA community! My internship is off and running and I'm delighted by the warm and enthusiastic welcome that I've received. Rev. Michelle has helped me focus on projects and is a constant support.

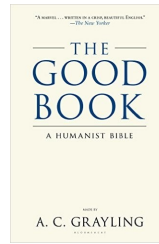
One of the projects that I'm excited about is the "United in Love" service that UUCA will be hosting. This will take place on October 9<sup>th</sup> at 2:00 with a potluck lunch to follow. This event was created to launch the resurgence of "Interweave", the LGBTQ community within Unitarian Universalist Churches in our region. Offering the goals of spirituality, fellowship, history/education, and advocacy, "Interweave" will offer a variety of activities for LGBTQ people and their allies. Hope you can join us.



I have thoroughly enjoyed meeting members of the congregation and in the months to come I hope to deepen and explore more relationships. This internship is an important part of my discernment process and I thank you all for allowing me to explore my ministerial calling with you.

Blessings on the journey,

Lisa



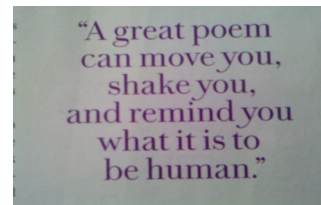
## Humanist Reading Group

Our next meeting is October 21st at 7:30 pm in the Living Room.

We are starting a new book. Now would be a great time to join us!

*The Good Book: A Humanist Bible* by A. C. Grayling

<http://www.barnesandnoble.com/w/good-book-a-c-grayling/1100550458?ean=9780802778376>



## Poetry as Practice

Starts again in October!

This is a discussion

group for Adult Faith

Development. Each month, on the second Sunday, one volunteer chooses poems to present to the group. The poems are read and the reading is followed by a lively discussion. All are welcome. Our first meeting will be on October 9th at noon in the Reeb Room. See you there!

~Diane Bofinger.

## Save the Date: Saturday October 29<sup>th</sup> Intergenerational Pumpkin Carving PotLuck



The Religious Education Committee and Membership Committee are co-hosting a Halloween activity that combines two very special church traditions. Please join us for good food, good company and good fun.

# AUTUMN AUCTION

Here is a 'sneak peek' at some of the items for you to bid on at the Autumn Auction Sunday, October 2nd after Services.

For only \$5, you get a bagel brunch and a bidding placard.

**Come Join the Fun!**

**Buffalo Bills Tailgate Party and Game Viewing**

Creekview Restaurant Gift Certificate

**Kavinoky Theatre Tickets**

**The ABCs of Music with Phil Blommendahl**

**Brunch after Service with the Park**

Simple Souper Supper

~and more!

## BLACK LIVES MATTER



UNITARIAN UNIVERSALIST CHURCH OF AMHERST

The Black Lives Matter Taskforce is pleased to announce that the Black Lives Matter banner as voted on at our last congregational meeting **will be installed on Sunday, October 23rd** with a

special service and ceremony by Rev. Buhite. We expect that we will have a full house with visitors from other churches and so on. We may also have the media present. We look forward to this singular event at this church! We are having special meetings to cover all issues concerning the banner, please look out for emails on time and place and attend those that are of interest to you as we prepare for the unveiling!

In preparation for this event, BLM Taskforce is sponsoring a reading group on the Common Read this year. **We will have our first meeting on Thursday, September 29, at 7:30pm in the Living Room.** The book is "The Third Reconstruction: Moral Mondays, Fusion Politics, and the Rise of a New Justice Movement," by The Rev. Dr. William Barber II and Jonathan Wilson-Hartgrove (Beacon, 2016). The Third Reconstruction offers helpful, practical guidance for engaging with justice movements born in response to local experiences of larger injustices which is very apropos to our banner.

We hope our banner will inspire conversations on race and racial issues in our community.

~Scott Harrington for the Black Lives Matter Taskforce

### UUCA Covenant

*Together we promise:*

*To gather in compassionate community*

*To celebrate diversity of thought*

*and unity of spirit;*

*And to seek wholeness for ourselves,*

*our children, and our world*



## BOARD NOTES:

Hi again, from your Board of Trustees.

As we begin our new church year the Board is working to help all of us focus on what we need to do. We have no preconceived notions of how we might do this and to this end a special workshop on discovering our *UUCA Vision and Mission* was conducted on Saturday September 17. In all 20 people participated and were led by *Nikki Hitchcock* to think, consider, reflect and try to discover what and where UUCA is headed. Before the workshop many people participated in a survey where we were trying to gather words that tell us what UUCA is all about. We listened and used those words to describe our Vision and then to describe the Mission – which is how we get to our Vision! Thank you to Nikki; we are so fortunate to have a professional of such high caliber in our congregation. Thank you to all who provided input to our survey. Now our scribes will polish the words we crafted and *present our work at gatherings after church service* so that all of you – those who participated, those who submitted surveys and those who have yet to speak—can see and hear what we (all of us) propose. After these consultations and discussions, we will have another Congregational Meeting and Vote. So please be a knowledgeable elector and prepare yourself fully.

We are making improvements – most of which you can't see – which make life better for our employees and all our members, friends and guests. *The unified fire alarm system is now complete and functioning.* It is not mandated that the church conduct fire drills but it would be prudent to do so at least once and perhaps annually. The Board is considering how and when we will conduct such a test. We will tell you when it is coming! (Soon before the snow!!)

Another invisible advance is on our use of technology. As a reminder, *our web site is not just for visitors* – it is for us. We have an updated *leadership page* which

shows the members of the Board the Endowment Trust and also Staff – all the pictures and a short bio of each – so you can meet all the people who do stuff here! We also have *The Calendar* – it is live and up to the minute – use it when you want to know when and where activities are happening. We also have *Forms* – to ask for things you need – please use these – that way you can ask a question or make a request whenever you think of it – even at 2:30am – you likely won't get an answer before 9:00am but at least you have asked the question!

Once again – I extend to all members and friends – and those not yet officially in our community the invitation to *speak to board members about any issue, concern or idea.* Remember please, that any member is invited to attend and listen at any board meeting. If you wish to present an idea or raise an issue with the Board, please consult the Board Chair at least the day before the meeting. **Board meetings are held regularly each month on the second Wednesday starting at 7:00pm in the Emerson Room.**

If I can help in any way – ask me – Yvonne Stocker



The **SPECIAL CONGREGATIONAL MEETING** to approve the Budget will take place on **Sunday, November 13th** after services. Please stay for this important vote!

The Board of Trustees encourages everyone to come out on **Sunday, October 23rd** for the unveiling of the Black Lives Matter banner.

## UUCA Theater Lovers

**Jewish Repertory Theatre's "A Season of Amy Herzog"** begins October 27, with **4000 MILES**.



After suffering a major loss on a cross-country bike trip, 21 year old Leo seeks solace from his feisty 91 year old grandmother, Vera, in her West Village apartment. While Leo seeks support, Vera finds companionship in another person for the first time since the loss of her husband, Joe. A finalist for the 2013 Pulitzer Prize in Drama, **4000 MILES** is a compassionate, intimate, and frequently funny play that examines the love of the family we can choose, the family we can't, and the healing power of trust. Winner of the 2012 Obie Award for Best New Play, 2012 NY Times Outstanding Playwright Award, and Time Magazine #1 Play or Musical of 2012. Directed by Saul Elkin.

**Dr. Elkin will be at church on Sunday, October 16** to talk about the season in general and this play in particular. Please join us in the Living Room, at noon.

**Discount ticket order forms** are available in the church lobby, in the plastic stand on the table to the right of the Welcome Desk. Selected Saturday and Sunday performance tickets may be purchased for \$25 each (regular box office price is \$38 per ticket). *Checks must be received eight (8) days prior to performance you wish to attend.* Contact Sophia Veffler at 631-3228 with ticket questions. Plays are presented at the Maxine and Robert Seller Theatre, inside the Jewish Community Center, 2640 N. Forest Road, Getzville.

I am organizing a **group dinner after the 2 pm performance on Sunday, November 6**. We will share a table and split the check at Lebro's, 330 Campbell Blvd. Please RSVP to me by noon on Saturday, Nov. 5, so I can make the reservation.  
~Marie Evans



### **Music Notes** with Wendy Scott

In September, the music committee resumed its major function, providing entertaining events for the congregation and beyond. On September 9th, *The Field Hands*, Kathy Moriarty, Phil Banaczak, and Mike Was, provided the 1st coffeehouse of the year. They played a variety of folk/country/bluegrass/jazz numbers, all enthusiastically received, and we look forward to their return. Follow them on Facebook.

The Lancaster Opera House does professional quality shows of which a *Funny Thing Happened on the Way to the Forum* was their September offering, a consistently funny performance. The Music Committee will continue to arrange a block of tickets and announcements for the LOH musicals (<https://www.lancopera.org/>).

This year, *regular choir Sundays* will be resumed, scheduled for once a month, with rehearsals on the previous Sunday and the Sunday of performance. All are welcome: requirements are being at the two rehearsals and the ability to carry a tune. Be sure to let Rev. Michelle and Fran Landis know if you will attend. There will be announcements

On **Sunday, October 16**, our friend *Gerry Timlin* will perform in a coffee house format at 4pm. Tickets at the door are \$12 and pre-sale after church tickets are \$10. Kids under 12 are free. Gerry always gives us a good time—See you there!

### **GREEN TIPS:**



#### **Liquid Laundry Detergent**

It's easy to make your own laundry detergent. It even works better than the store bought version. Be sure to grate the soap, otherwise the melting part will take a very, very, very long time. The solution will separate between uses, give it a shake before adding to your load.

#### Supplies:

- 1 gallon hot water
- 1/2 bar castile soap (available Wegmans)
- 2 cups baking soda (purchase 4 lbs in laundry area)

#### Directions:

Grate the bar of soap & gently melt in a saucepan with enough hot water to cover. Cook on medium-low heat, stirring frequently until soap is melted.

Pour 1 gallon of hot water into a large pail. Add the melted soap & stir well.

Add baking soda, stir well.

Use 1/2 cup per full load. Up to 1 cup per very soiled load.



Join Unitarian Universalist Association (UUA) staff and guests for one-hour webinars on topics requested by religious professionals and lay leaders.

Go to [www.uua.org](http://www.uua.org) for more information and to register.

### October 2016: Meet the Standing on the Side of Love Campaign Team

Meet Caitlin Breedlove, Director, and Nora Rasman, Coordinator.

[Register](#) for Tuesday, October 25, 1 p.m. Eastern


[Register](#) for Wednesday, October 26, 9 p.m. Eastern

### November 2016: Spirituality and Aging

Gail Forsyth-Vail with Karin Peterson, author of the Tapestry of Faith curriculum, [Hindsight, Humor, and Hope: Who, Me, an Elder?](#)

[Register](#) for Tuesday, November 15, 1 p.m. Eastern

[Register](#) for Wednesday, November 16, 9 p.m. Eastern



NYSCU Annual Meeting will take place October 21-22, 2016 at the UU Church of Utica and the Unitarian Church of Barneveld. Keynote Speaker will be Philip P. Arnold, Associate Professor of Religion and Native American Studies at Syracuse University. More details at <http://nyscu.org/>



### Practices for Intercultural Diversity A Central Eastern Region Leadership Conference

**Saturday, October 29, 9am-4pm** Registration: 8:30am

UU Church of Buffalo, 695 Elmwood Ave, Buffalo, NY 14222

Cost: \$18 (snacks and lunch included)


You will learn how:

- different people engage with different cultures - ethnic, class, sexual, ability and more
- to meet people where they are
- to lead your congregation toward greater multicultural capacity
- to start with the differences already in the room

Facilitator: Rev. Renee Ruchotzke, UUA Congregational Life Staff

Register at: <http://tinyurl.com/z5wqwk6>

Registration Deadline: Tuesday, October 25 Need Childcare? Registration Deadline: Friday, October 21 Childcare cost \$5/child, \$10/family



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To support the charitable organization of your choice, always shop at [smile.amazon.com](http://smile.amazon.com)  
It is easy! Just start by going to [smile.amazon.com](http://smile.amazon.com) instead of [amazon.com](http://amazon.com) - then it is automatic once you choose your charity - UUCA!!!

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Unitarian Universalist Church of Amherst Endowment Trust  
Location: Williamsville, NY

0.50% of the cost of your purchases will be donated to the church.



## HEALTH AWARENESS for OCTOBER

~Eveline Hartz  
Caring For One Another Chair

Thank you all for the warm welcome and support both Ron & I received as Lisa & Scott Mulder transferred the chair & co-chair position to us. We ask for your understanding and patience as we make this transition. Ron and I will aspire to be true to our committee name within our UUCA community.

### Briefly:

Eveline is a RN BSN and worked first at Roswell Park Cancer Institute and then Hospice Buffalo, retiring in 2008. She completed the Faith Community Nurse course in 2011 and served as Parish Nurse for Epiphany UCC from 2011-2013.

Ron was a Vocational Rehabilitation Counselor for more than 35 years, and has been retired for twelve years. His job was helping individuals with disabilities to enter or re-enter the job market. He has a long history of working with individuals in need.

**End of Life Series:** October 30, 12:00 Funeral/ Memorial Service Options in the Sanctuary

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### **COLD & FLU SEASON is coming. Be prepared!**

#### Bolster your immune system!

Get enough sleep

Decrease your stress level: Meditate, Breathing exercises, Learn to say "No"

Get enough sleep.

Avoid all added sugars, artificial sweeteners and juices.

Keep your vitamin D levels optimal

Exercise daily

#### Colds are mostly transmitted through direct contact.

Cold viruses survive on most surfaces, be careful what you touch.

Wash your hands thoroughly with plain soap & water.

AVOID antibacterial soaps & cleansers: these are too harsh for skin

Take care of your skin – this is your #1 defense!

Avoid touching your face.

If you are coughing - best to stay home.

#### Remedies:

Hydrogen Peroxide: a few drops in one ear at a time, drain after bubbling stops

Gargle & rinse with a baking soda or salt solution 4 X daily (1/4 tsp per cup of water)

Use a neti pot to nip sinus infection in the bud (follow neti pot directions)

Drink lots of water & fluids to loosen secretions & flush out toxins

#### Foods to strengthen your immune response:

Fermented foods (tempeh, raw sauerkraut, raw pickles, etc.)

Omega 3 foods (ground flax seed, krill, fatty fish, cod liver oil, etc.)

Mushrooms – esp shiitake, Reishi

Garlic – raw, crushed

Turmeric, oregano, cinnamon &/or cloves

Eat your greens – esp raw dark leafy greens

#### Supplements:

Vitamin C (from natural sources)

Teas made from peppermint and ginger. Drink hot and often.

#### When to call the doctor:

Fever over 102 degrees Fahrenheit (38.9 degrees Celsius)

Ear pain

Pain around your eyes, especially with a green nasal discharge

Shortness of breath or a persistent uncontrollable cough

Persistently coughing up green and yellow sputum



## BRIDGE CLUB

We play almost every Sunday after church in the Emerson Room. Want to join us as a table or as a sub? Give me a call--Joann Shafer



## CREATIVE INTERCHANGE

All are welcome to this free flow, unstructured current events discussion group held each Sunday at 9:30am before services.

## DOMINOES

Bring something edible to share, chat and just have fun! This is a very relaxing time, although we do discuss issues (we're Unitarians!). You may join us at any time on Mondays at 1:30pm in the Emerson Room.



## CURRENT EVENTS DISCUSSION/LUNCH

**Tuesday, October 11th -**  
12:30 p.m. - We will discuss the events in the news today while eating lunch brought from home. Always a lively discussion.



## WOMEN'S LUNCH

**Tuesday, October 18th -** 12:30 p.m. - Bring your lunch to the Emerson Room and we will chat and laugh together. No formal agenda.

## MEN'S LUNCHEON



On the first Thursday of every month, all men are invited to get together for lunch at Buffalo Brewpub, 6861 Main Street (at Transit Road). The ROMEOs (Retired Old Men Eating Out) have great conversations over lunch. There is no agenda, but we are never at a loss for words. Come join in our sharing of ideas; neither retirement nor old age is a strict requirement for participation!

## CARING FOR ONE ANOTHER

Our committee accepts requests to provide assistance for our church community. We have a group of dedicated volunteers who are willing, ready, and able to serve their church community by:

- Visiting hospitals, nursing homes, and individual homes; or doing phone check-ins.
- Sending cards.
- Providing rides to Sunday church services.
- Providing Caring Health Awareness information by our Faith Community Nurse
- Transportation to Special Events at Church
- Pet Therapy.

You may call us or ask on behalf of another member. If you are interested in joining our committee, let us know!

We can be reached at [caring@uuamherst.org](mailto:caring@uuamherst.org) or catch us in person before/after church.

Eveline Hartz & Ron Palmere

## COCKTAILS & CONVERSATION

October 7th C&C will be at Loughran's Bar & Restaurant, located at 4543 Main St. Buffalo, NY 14226

All those over 21 welcome for a night out!



## Women's Afternoon Study Group

**Tuesday, September 27th and October 4th - 1:30 p.m.** - We will be meeting in the Living Room to discuss the articles in the Fall UU World with the circular art pieces on the front.

**Tuesday, October 25th - 1:30 p.m.** - We will be meeting in the Living Room to discuss one or more of the monthly topics suggested by Rev. Michelle Buhite - Vison (Sept.) and/or Courage (Oct.). If you have an article which fits these themes, bring it to the meeting or see me beforehand. We can also use the prompts that she has provided. I will have them at the meeting.

~

Marge Marcille, facilitator



**Unitarian Universalist Church of Amherst**  
 CHECK OUT [www.uuamherst.org/calendar-2/](http://www.uuamherst.org/calendar-2/) FOR UP TO THE MINUTE  
 CALENDAR ADDITIONS AND CHANGES

# October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
9:30am - Creative 9:30am - Music Committee 10:30am - Church Service 11:30am - Autumn Auction 11:30am - Bridge Club 11:30am - ChildCare for 3pm - Chinmaya Mission	1:30pm - Dominoes (Em) 6pm - AA (LR) 7pm - Mankind Project 7:30pm - ACOA (LR)	10am - ACOA(LR) 11:15am - Evacuation Drill 12:15pm - AA (LR, RE wing) 1:30pm - Women's 3pm - Caring for One 7pm - Blue Mtn.(Reeb)	12:15pm - AA (LR, RE) 1:30pm - Green Sanctuary 6:30pm - John Newman 7pm - Ministry Council (Em) 7:30pm - Chinmaya Study	<b>Havurah Food Bank Drive</b> 12pm - ROMEO's Lunch @ 12:15pm - AA (LR, RE) 7pm - Book Discussion (LR)	5:30pm - Wedding 7pm - Cocktails and 7:30pm - SOS (Reeb)	10am - Animal Blessing 1pm - Wedding 7pm - Buffalo Belles (LR)
<b>Havurah Food Bank Drive</b> 9:30am - Creative 10:30am - Church Service 11:30am - Bridge Club (Em) 12pm - Poetry as Practice 1:30pm - set up for special 2pm - Interweave Service	<b>Columbus Day (regional)</b> 1:30pm - Dominoes (Em) 6pm - AA (LR) 7:15pm - Facilities Meeting 7:15pm - Finance 7:30pm - ACOA (LR)	<b>Havurah Food Drive</b> 10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 12:30pm - Current Events 7pm - Blue Mtn.(Reeb) 7pm - Havurah (Chapel) 7pm - Membership (LR)	9:30am - Havurah 12:15pm - AA (LR, RE) 6pm - BOT 'Brown Bag' 7pm - Board of Trustees 7:30pm - Chinmaya Study	12:15pm - AA (LR, RE)	7:30pm - SOS (Reeb)	9:30am - WSCC (Emerson)
<b>Deadline for Newsletter</b> 9am - FD Committee (Bul) 9:30am - Creative 10:30am - Church Service 11:30am - Bridge Club (Em) 12pm - Theatre Lovers (LR) 3pm - Chinmaya Mission 4pm - Gerry Timlin	1:30pm - Dominoes (Em) 6pm - AA (LR) 7pm - Mankind Project 7:30pm - ACOA (LR)	10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 12:30pm - Women's Lunch 7pm - Blue Mtn.(Reeb)	12:15pm - AA (LR, RE) 6:30pm - John Newman 7pm - Social Justice (DR) 7:30pm - Chinmaya Study	12:15pm - AA (LR, RE) 6pm - Love Feast Thursday 7pm - Book Discussion (LR)	7:30pm - Humanist 7:30pm - SOS (Reeb)	10am - Chinmaya Mission
9:30am - Creative 10:30am - Church Service 11:30am - Bridge Club (Em) 11:30am - FD Soup and 12:15pm - Black Lives 12:30pm - Book club (DR) 3pm - Chinmaya Mission 7:30pm - AA (LR)	1:30pm - Dominoes (Em) 6pm - AA (LR) 7pm - Green Cuisine (Em) 7:30pm - ACOA (LR)	10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 1:30pm - Women's 7pm - Blue Mtn.(Reeb)	12:15pm - AA (LR, RE) 6pm - Snowbirds (Emerson) 7:30pm - Chinmaya Study	12:15pm - AA (LR, RE)	7:30pm - SOS (Reeb)	3pm - Pumpkins! (Em &
9:30am - Creative 10:30am - Church Service 11:30am - Bridge Club (Em) 12pm - End of Life Series 3pm - Chinmaya Mission 7:30pm - AA (LR)	<b>Halloween</b> 1:30pm - Dominoes (Em) 6pm - AA (LR) 7pm - Mankind Project 7:30pm - ACOA (LR)			No Events Scheduled Saturday, October 1st.	KEY: AA= Alcoholic Anonymous ACOA - Adult Children of Alcoholics AE= Auction Event Bul = Bulfinch Room DR = Dining Room Em = Emerson Room FD= Faith Development/RE Wing LR = Living Room SOS = Non-religious sobriety group	

## U.U.-U.N. NEWS

### 2016 U.N. Day Message

October 24th is United Nations Day; that is because the U.N. Charter was adopted on that day in 1945. 2016 is the seventy-first anniversary of the U.N. United States President Franklin Delano Roosevelt is considered to be "the father of the U.N." Every year, U.N. Day is celebrated at U.N. Headquarters in New York City and throughout the world. The United States of America should also participate in the celebration by dismantling its global empire and global military machine and by thoroughly making the U.N. the focal point of its foreign policies.

What are the purposes of the United Nations?

The main purposes are:

- to save succeeding generations from the scourge of war,
- to reaffirm faith in fundamental human rights,
- to recognize the dignity and worth of the human person,
- to acknowledge the equal rights of men and women and nations large and small,
- to encourage respect for international law,
- to promote social progress and better standards of life in larger freedom,
- and to maintain international peace and security.

The United Nations is a noble experiment. Despite all the criticism of the organization, the U.N. has been a relative success. It has prevented another world war, promoted social progress and is in the

process of realizing its purposes, principles and reforming itself.

Why is the actual United Nations so different from the U.N. Charter itself? This is a difficult question to answer. Almost all 193 U.N. Member States do not want to subordinate their sovereignty to the U.N. Consequently, the five permanent members of the U.N. Security Council do not want to elect a first-rate U.N. Secretary –General committed to realizing and strengthening the ideals of the U.N. Charter. Also, the U.N. is a complex bureaucracy and its international civil service and peacekeepers have many inadequacies. There are also many other problems and dilemmas hampering the United Nations.

All this must change. To realize the U.N. Charter, the United Nations must possess the power to eliminate the scourge of war and promote human rights. To accomplish this, the U.N. must create its own effective system of collective security and a better means for promoting human rights. At the present time, universal disarmament and world peace are unfulfilled dreams. Nevertheless, on United Nations Day (24 October), all 193 U.N. Members States and all people should resolve to translate the ideals of the U.N. Charter into reality in our own troubled, inter-dependent world. The future of humanity depends on an effective United Nations and its ability to maintain international peace and security. There is no time to lose. The time to make this happen is now: otherwise, the future of humanity is bleak, indeed.

~David Slive, U.U.-U.N. Envoy



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### **HEARTS AND HANDS:** **NEIGHBOR HELPING NEIGHBOR**

Our church is pleased to partner with Hearts and Hands. Volunteers are needed to provide transportation and support for older and physically-challenged adults. Volunteers can choose to do the activities that they feel comfortable doing. If you need help, Hearts and Hands: Faith In Action may be able to help you at no charge, regardless of age, income, race or religion. Just call the number below.

Please call Hearts and Hands: Faith In Action at (716) 406-8311 or visit their website at <https://hnhcares.org> to volunteer or if you are in need of assistance.

Ron Palmere and Eveline Hartz are the liaison volunteers connecting our church with Hearts and Hands. Hearts & Hands is a program under the Social Justice Committee.