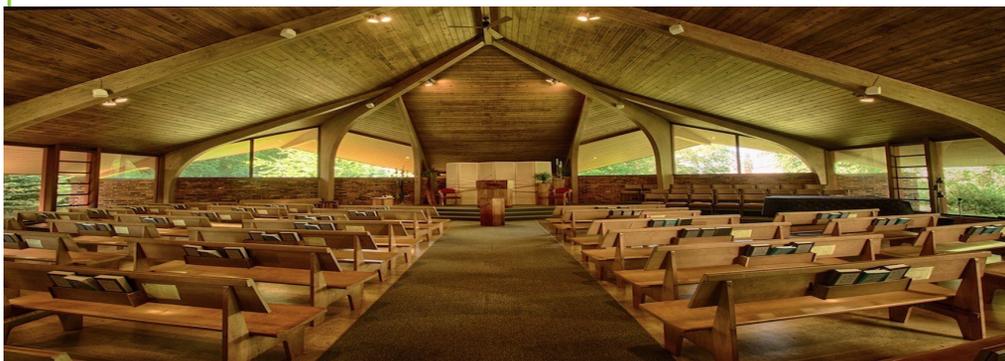


Issue  
May  
2017

# The Foreword



The Newsletter of the  
**Unitarian  
Universalist  
Church of  
Amherst**  
6320 Main Street,  
Williamsville, NY 14221  
**716-634-3010**  
www.uuamherst.org

## Our Staff:

### Developmental Minister

Rev. Michelle Buhite  
(Office).....x102  
minister@uuamherst.org

### Ministerial Intern

Rev. Lisa Peterangelo  
(Office).....x105  
revlisa@uuamherst.org

### Minister Emerita

Rev. Maureen Q. Thitchener

### Interim Director of Faith Development

Karen LoBracco  
x104 or 585-730-0686  
dfd@uuamherst.org

### Music Director

Fran Landis.....799-3855  
fland88@aol.com

### Caretaker

Chris Barry.....479-4239

### Financial Clerk

Donna Sentz.....x103  
bookkeeper@uuamherst.org

### Office Administrator/ Newsletter Editor

Jaime Sheridan.....x101  
administrator@uuamherst.org

Office Hours:  
9:00am until 2:00pm,  
Tuesday to Friday

## SUNDAY SERVICES IN MAY AT 10:30am

# 7

### *Mind the Gap: Part 2*

Rev. Michelle Buhite

Like fish, we don't always notice the water we are swimming in. Let's wrestle together with the presumption of 'whiteness' and our work for racial justice.

# 14

### *In the Name of the Bee*

Rev. Michelle Buhite

Happy Mother's Day! Come and enjoy a little inspiration from the poet, Emily Dickinson.

# 21

### *Flower Communion*

This uniquely UU service celebrates our gathered community. Bring a flower to add to the bouquet and receive a flower to take with you as a gift from this Beloved Community. If you can bring a few extras, please do so that others who may not know to bring a flower can participate in this meaningful, intergenerational service

# 28

### *A Chosen People: Living with Pride and Faith*

Rev. Lisa Peterangelo

This is Rev. Lisa's last Sunday with us – please join us for a reception following the service to honor her and thank her for the good work she has done as our intern!

## UUCA Covenant

*Together we promise:*

*To gather in compassionate community*

*To celebrate diversity of thought and unity of spirit;*

*And to seek wholeness for ourselves, our children, and our world.*

# MINISTER'S CORNER



We are closing in on the end of my second year with you in Developmental Ministry. For some of you, I'm simply your minister – the only one you've known at UUCA – for others, the 'next' one following years of transitional ministry. Recognizing this, allow me to do a quick check-in:

As I've said before, my ministry with you is to enact our 3<sup>rd</sup> principle: Acceptance of one another and encouragement to spiritual growth. My own path has included Christianity, Paganism, Buddhism, Religious Humanism, and Religious Naturalism – and so I make it a point to create as many 'points of entry' as I can to the beauty of the broad spectrum of Unitarian

Universalism.

I am not trying to "do" anything to any group, nor am I trying to "drive out" any group. I believe there is room in this spacious religious home for Atheists, Agnostics, Humanists, Christians, Jews, Pagans, Buddhists, and a host of other paths to wholeness. I am aware of the anxiety that exists in groups that have previously enjoyed 'majority status.' You are still cherished. There are just more cousins at the family reunion than you knew existed. We really can love alike without thinking alike.

Together, we are accomplishing the goals set forth by the Board of Trustees for this Developmental Ministry. Last year we created the covenant that binds us. This year we have been fine-tuning a mission statement that will guide future decisions. I fully expect that in the coming year we will adopt a strategic plan to focus our efforts and help us live into our mission. Each step has been undertaken with great care and as much input as possible. I am proud of the work we have done together; you can be, too.

In the coming year, we will mutually decide if we will continue our relationship together or part ways. I hope that we will be able to look to the future and the great potential of UUCA, rather than try to re-create the past.

With a vision for the future,  
Rev. Michelle

## UUCA Town Hall Meeting

Thursday, May 4

7:15 'potluck' desserts 7:45 meeting

Do you have questions, concerns, suggestions for the direction that UUCA is taking? Would you like to know more about the proposed budget, where we are and what the future may hold? Please attend this opportunity to be heard and to get a clearer picture where UUCA is now and where we might go.



## Annual Congregation Meeting

June 11, 2017 is the church's annual meeting. Committee reports should be emailed to the office by Monday June 5th, the week beforehand.

# Faith Development News



## Karen LoBracco, Interim Director of Faith Development

### Our Interconnected World Thanks You!

Starting with a Kick-Off Children's Chapel on Feb. 19 and ending with a musical celebration on April 9, this congregation spent Lent learning about the farmers I met in Nicaragua who supply the Equal Exchange chocolate we love and the coffee we enjoy on Sundays. Your generosity through *Guest At Your*

*Table* donations and Equal Exchange sales in March and April, plus the February Soup and Bake Sale, netted over \$800 for the Unitarian Universalist Service Committee, an organization actively working for justice in marginalized communities in the US and beyond. Thank you!

### Talking About (and accomplishing) Interim Tasks

Interim religious educators are a special breed. Not only are we expected to “hold down the fort”, but also to examine the entire church and faith development SYSTEM, with an eye on strengthening foundations and assisting the congregation to do the work necessary to support a new and different ministry focused on the future. The Faith Development Committee and I will be engaged in some of this work at our May 6 retreat. May 30 I meet with the Women's Study group, and in-between I would love to talk to you/your church group. We are approaching the mid-point of my time at UUCA, and I would love to talk with you about assessing our progress in:

- Coming to Terms with History
- Evolving a Unique Faith Development Program
- Leadership Changes During the Interim Period
- Renewing Associational Linkages
- Commitment to Future Program Vitality

### Toward a Safer Congregation

How do we as a congregation assure the safety of our members, most especially our children and teens? Interim Director of Faith Development Karen LoBracco invites YOU to an informal conversation in the Living Room after the **April 30** worship service. She and the Faith Development Committee will be recommending modifications to our current policy, and YOUR INPUT AND PERSPECTIVE are invited.

**#UUWhiteSupremacyTeachIn** will be the All-Church focus on **May 7**, in Faith Development for All Ages and stages. White Supremacy is a challenging word, chosen deliberately to make us pay attention. How is it that I, a reasonably enlightened and liberal white person, can be part of a system of white supremacy and institutional racism when I don't feel like a white supremacist or a racist? For the children and youth, the May 7 all ages programming will be a continuation of explorations we started in January with our *Black People Matter* activities. For all of us, it is an invitation from the denomination and *Black Lives of UU* to engage in deep reflection. For more information about this event and the story behind it, check out <http://www.blacklivesuu.com/uuwhitesupremacyteachin/>.

### Faith Development in the Springtime

After a winter that seemed like it would never let go, this Spring feels to be unfolding at breakneck speed! Here is a synopsis of what lies ahead for children and youth:

April 30 – Spirit Play, Junior and Senior Youth programs

May 7 – Begin in worship then joint programming for Spirit Play, Junior Youth and possibly Senior Youth in Channing Chapel on discovering the white superiority that is part of our culture.

May 14 – Mother's Day – Craft activities in Emerson Hall organized by some of our male Faith Development leaders.

May 21 – Flower Communion – an intergenerational worship experience.

May 28 – Memorial Day weekend and multi-age Children's Chapel, with preparation for Faith Development Sunday.

June 4 – Faith Development Sunday – an intergenerational service which engages all in what has transpired in each class and honors the volunteers in our midst.

June 11 – Youth Sunday – presented by our Senior High youth. The Spirit Play group will have a year-end celebration this Sunday.



# JUCA Office News

•Please mark all pledge checks sent into the office by writing the year in the memo line. Current pledges should be for ‘2016-2017’ and new ones ‘2017-2018’ for the new fiscal year starting July 1st. Contact Jaime or Donna if you have questions related to your pledge or outstanding balance.

•We raised \$560 for the Arthur W. Gielow Meteorology Fund at the April 23rd service with climatologist Jack Kanack. Thank you to everyone for their contributions.

•We have a new phone system in the Church! We are updating our technology and will save some money in the long term. Each room/office now has a specific extension. **You can reach the office by dialing 716-634-3010 then 101.** Just listen carefully to the new menu options for help. Here are the updated phone numbers for the church staff:

716 634-3010 – Main Number

716 634-3012 - Fax

Jaime Sheridan, Office Administrator —x101

Rev. Michelle Buhite, Developmental Minister — x102

Donna Sentz, Bookkeeper & Dave Stroud, Treasurer – x103

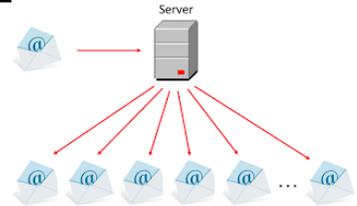
Karen LoBracco, Interim Director of Faith Development– x104

Clara Barton Room - x105

### All Church List Serve:

The purpose of the All Church List is to provide the widest possible audience for announcements of church events. To facilitate that, the list is moderated.

If you have an announcement for your committee or church group that is appropriate to send to all church members, then you simply send it to the list directly:



The moderators will be alerted and the message will be approved or you will be contacted as to why the message was not approved.

The BEST TIME to send messages for quick approval is Monday through Friday from 9 am - 4 pm. Although those are usually approved within an hour or so, please do NOT depend on approval within that time frame. Rather expect it will be approved the SAME DAY. Please plan accordingly.

If you send a message to the list after hours, that is after 4 pm, it will be approved the NEXT DAY.

The exception is after hours on Friday and the weekend. If you NEED a message approved in time for an event on SUNDAY, then you need to send it to the list BEFORE 4 PM on FRIDAY.

If you cannot meet this deadline for any reason, or any of the above conditions, please text your situation to me at 816-8195, or call and leave a message, so we can deal with it directly. ~Scott Harrigan



New member recognition will be held on Sunday May 7th. If anyone is ready to sign the membership book, contact Lauraine Marcus or Rev. Michelle (minister@uuamherst.org)



## Adult Faith Development

Adult Faith Development has several programs to offer over the next month.  
All are welcome!

**Tuesday, May 2nd - Women's Afternoon Study Group** 1:30 p.m. in the Living Room - We will finish our reading of the Spring Edition of the UU World. It has the flame of the Statue of Liberty on the cover.

**Sunday, May 7 – Ted Talk** – 9:15am in the Living Room. Two short talks dealing with White Supremacy. “My Road Trip Through the Whitest Towns in America” by Rich Benjamin (16 min) and “The Danger of Silence” by Clint Smith (7 min)

**Sunday, May 14 – Poetry As Practice** – Marlana Rice will present poems by Leonard Cohen for discussion; Noon, Reeb Room

### **Thursday, May 18: Last Love Feast ‘til Fall!**

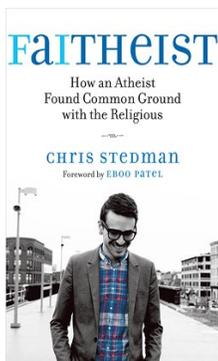
**Love Feast:** come for all of it, come for some of it; just come and spend some time with friends! 6pm – Dinner (soup provided) 6:30pm – Vespers 7:00pm – Drumming

**Friday, May 19 - Movie Night** – Come at 6 PM for a pot luck dinner (bring a dish to pass) and at 7 PM enjoy popcorn and the movie, “Druid Peak”, all in the Emerson Room. In this Spiritual Cinema full-feature movie, “a young man makes a terrible mistake and must find redemption while he confronts his loneliness and desperation. Sent to spend time with his estranged father in Wyoming, he learns the real reason his father left and also finds his own purpose. Along the way, this poignant, beautiful film asks some major questions: Regardless of your mistakes, can you be forgiven? Even more importantly, can you forgive yourself?”

**Sunday, May 21 - Three Spiritual Cinema Short Films**, followed by discussion; 9:15 AM, Living Room. The 3 films are “Not A Stranger”, about a man who jumped out of his own comfort zone to talk to at least one stranger every day of the year, “Welcome to Willowsbrook”, about a woman who enlists a teenage boy to help her accomplish her ‘bucket list’, and “Heartbeat and Beauty”, which combines music, visual metaphor, dance, and original poetry to express how we are all connected through our shared experiences of love and loss.

**Tuesday, May 23rd - Women's Afternoon Study Group** 1:30 p.m. in the Living Room - We will have a short reading about earth-centered religions - Wicca and Modern Druidry.

If you have any questions, contact Diane Bofinger



“Faitheist” book club will continue Tuesday evenings in May. We will continue our discussion of *“Faitheist: How an Atheist Found Common Ground with the Religious.”* as well as any other book(s) the group decides to review.

Join us Tuesday evenings at 7:30pm in the Living Room. Let me know by e-mail or catch me at church.

~Chris Barry



## BOARD NOTES:

As you may already know, our board chair, Yvonne Stocker has been ill for a few weeks. Please keep Yvonne in your

thoughts and prayers.

I am writing this from Germany, where I am helping my parents prepare to move out of their house and to a different town near where my brother lives.

Please mark on your calendars that our **annual congregation meeting** will be held on June 11, 2017 after services. We are trying something new this year. Because of the earlier pledge drive, a finalized budget will be ready for approval at this meeting, instead of just a preliminary budget as in past years. This eliminates the need for a second congregational meeting in the fall.

However, we need your help —if you have not yet sent in your pledge, or if you can increase your pledge. We very much appreciate all of you who have pledged generously but as of now, we have reached only 95% of our **stewardship target** of \$180,000. In order to develop the final budget, we need to either close a gap of \$9,000 or consider cuts to our budget for next year accordingly. Therefore, if you have not yet done so, please send in your pledge cards to the office promptly. If 30 pledging units could pitch in an additional \$300, we would reach our target!

If you care about the future of our congregation, I urge you to attend the **town hall meeting** on May 4. It will be an opportunity to have your questions regarding Stewardship and the upcoming budget answered before the annual meeting, as well as to hear from the church's trustees.

While the Annual Meeting on 6/11/17 is open to all, only members in good standing can vote at the meeting—that is those members who have made a recorded financial contribution to the church in the preceding fiscal year and have either made a recorded financial contribution to

the church or pledged to make a financial contribution to the church for the current fiscal year. New members become voting members 60 days after signing the book (i.e. those who have signed the book before April 12, 2017 are eligible).

The next board meeting is scheduled for May 10th. Board meetings are held each month on the second Wednesday starting at 7:00pm in the Emerson Room. As always, you should feel free to approach any board member about any issue that is of concern to you. Church members are invited to attend and listen to any board meeting. If you wish to be put on the agenda, please consult with me beforehand.

*~ Hella Jacob, vice-chair, on behalf of the UUCA BOT (Yvonne Stocker, Joe Rautenstrauch, Rosalind Sulaiman, Angela Warren, Steve Kemp, Gemma Lanthier, Anne Hibbert, and Randy Kent)*  
~



**The Welcome Team, AKA Membership Committee, is looking for people who would like to take an active role in helping newcomers and guests have a good experience when they come on Sunday mornings and to encourage them to get to know us better.** The committee meets the 2<sup>nd</sup> Tuesday of the Month at 7 pm. (This month, Tuesday May 9th at 7pm in the Living Room.) In addition to recruiting the Sunday morning greeters and welcome desk, the committee also facilitates the quarterly Pathways to UUCA session, the in-home potlucks, Pumpkin carving potluck, Christmas Party and End of year Picnic, and the Website/social media crew.

If you are interested in becoming part of this fun and active group, please contact Lauraine Marcus or Jackie Senders



## Spring Grounds Committee Update

Happy Spring from your grounds co-chairs, **Angela Warren and Betty Howell**. As usual, we thank all past volunteers who have helped us try to keep up with all the plants at UUCA, both the desirables and undesirables. As usual, we are looking for willing folks to continue to help us make our native reclamation of the grounds flourish.

We recently purchased and installed three clump river birch for the North side of the carriage house where the big box elder had to be removed. We again acknowledge our former grounds chair, Ilsa Forster, whose generous donation paid for these in addition to most of the native shrubs we have installed over the last several years.

We would also like to share that Steven Kemp's nephew Colin Kemp will be using the Debbie Waterhouse trails in the back of church property to earn his Eagle Scout designation. He will be heading the charge to cut back and remove invasive species along the trails. Thank you Colin and all the other scouts and leaders who will come to UUCA to spend time on this worthy task.

We will have an organizational / informational meeting after church at noon on May 7th in the Dining Room. Past volunteers and newly interested folks should attend if able.

### **GREEN TIPS from the Green Sanctuary Committee :**

Last month Betty Howell suggested using vinegar to get rid of pesky weeds.

- Vinegar is also great in laundry & kitchen for disinfecting, cutting grease, deodorizing & softening. Vinegar is cheap, less toxic and far better than commercial cleaners. One caveat: for cooking and eating use a fermented vinegar which is healthy for you and has probiotics. Use distilled vinegar for cleaning purposes only.
- Adding (100%) wool balls to the dryer eliminates the need for toxic dryer sheets. These are essentially felted balls, easy to make or can be purchased.
- Lastly, here is a terrific, very cheap, window cleaning formula: Add: 2 TBS ammonia, 1/2 cup rubbing alcohol, 1-2 drops dishwashing liquid to a 32 ounce multi-purpose spray bottle. Fill it up with water and it's ready to use.



Readers and Browsers, we have a **Nature and Social Justice Library** in the living room. These books are here for you to use. Please sign the notebook when you borrow a book. Thank You

~Pat Burke for the Green Sanctuary and Social Justice Committees.

## UUCA ENDOWMENT TRUST



The purpose of the Endowment Trust is to invest and manage gifts and bequests made to the UUCA by its members and other individuals or entities. The primary objective of the Trust is to accumulate and increase the principal of the Trust, therein creating a fund whose principal will generate income which may be used from year to year to assist the Church in meeting its operating and capital expenses when other fund raising programs fall short.

The Trust has over the years help fund a number of special expenses and projects,

Please consider remembering the Endowment in your estate planning or make a gift now to help build our financial foundation. If specified, the Endowment will honor any special conditions attached to your donation. Also consider a memorial contribution in honor of a family member , friend or church member. All gifts received by the Endowment are acknowledged with a letter to the family that a gift was received “in memory of “, but the amount donated is not specified. Also, a letter of thanks is sent to the donor confirming the amount received by the Endowment.

Gifts and bequests are recorded in a memorial record book located under the gift tree plaque in the atrium. When the total amount received from an individual or family exceeds \$500 a leaf, etched with the donors name, is added to the tree.

~ Dennis Bihl for the Endowment Trustees: Lauraine Marcus, Doug Funke, Jerry Kent, Doreen Park



### Amherst Little Free Food Pantry Meeting

Thank you to everyone who attended our first meetings to share your ideas and thoughts. Our next meeting will be on **Sunday, May 7th** at noon at the Unitarian Universalist Church of Amherst (living room). The Amherst Little Free Food Pantry is a joint venture of UUCA and interested members of Congregation Havurah.

Modeled after the highly successful little free library concept, this is a grass roots effort to reduce hunger in our community. Basically, the pantry is a wooden box (sizes vary but about 3 feet by 3 feet) on a post dug in the ground and filled with non-perishable and canned food items and basic toiletries (think toothpaste, soap etc.). The outdoor food pantry will be located on UUCA grounds. It would be accessible to those in need 24/7, 365 days a year with no questions asked, no residency requirements and no forms to fill out. Users can be low income families with children, the working poor, the unemployed, disabled residents, seniors, low income individuals with a chronic illness, teens at risk, college students, recent immigrants and refugees, the mentally ill and the homeless.

**You can help.** We need help in conceiving of the box and building it, engaging community support and involvement, securing donated or wholesale food supplies, publicity and marketing, notifying social service agencies, indoor overflow food storage conception and developing a plan for checking and stocking the pantry daily. Interested? Please plan to attend to contribute your ideas, talent and skills to help reduce hunger in our community. Many hands make light work.

For more information or to express interest, please contact Maria Ceraulo

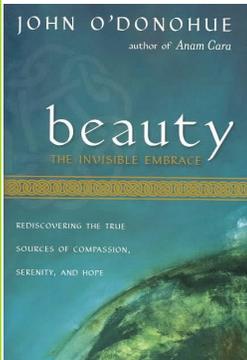
## Faith Community Nurse Corner

Eveline Hartz, RN

Today, one in five Americans take one or more anti-anxiety or other medication to treat a mental health or psychological disorder. Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It determines how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood. Mental health includes everything from simple stress & anxiety to major psychotic disorders & suicide. Within each component there is a wide range of severity. ([mentalhealth.gov](http://mentalhealth.gov))

Factors contributing to mental health can be biological, past experiences and family history. Mental health affects our entire being. It affects everything we do (or don't do) and everyone around us.

What can you do to promote/maintain positive mental health and well-being? If you need help - ask! Get professional help if needed. Stay connected with others - get involved and out of your own head. Helping others puts your own life in perspective. Physical exercise & fresh air releases tension and endorphins (hormones in the brain that promote positive feelings). Before bedtime do activities that promote restfulness & relaxation. Eat healthy, whole foods - especially colorful vegetables and fruits (non-processed, & pesticide free). Your body can only build the hormones and enzymes it needs to be well if you provide those building blocks with your choice of foods. Developing better coping skills begins with understanding our reactions and finding ways to deflect and un-learn negative coping behavior.



One CD that really speaks to me is John O'Donohue's "Beauty: The Invisible Embrace". He speaks of the human soul hungering for beauty, "... my eyes and heart are drawn to the beauty that is everywhere. The unique & incredible beauty of the earth, of music that sings with melodies and plucks at the chords of my heart, of the beauty found in art, in the garden, in spirituality..." and ultimately the beauty within us all. When we focus on all that is beautiful in our lives, life becomes beautiful. The ripple effect, like the flutter of a butterfly, can change the world.

*"The way you look at things is the most powerful force in shaping your life."*

~ John O'Donohue

### **Volunteer Drivers Needed**

The Caring For One Another Committee is forming a list of church members who would be willing, occasionally, to transport another member to a Sunday service or other church activity. If you would be willing to provide a ride, convenient with your schedule, please contact Evelyn Hartz at [caring@uuamherst.org](mailto:caring@uuamherst.org).

Also, remember that the Hearts & Hands program offers us the opportunity to help those in need in WNY, and especially in the Amherst area. If you need help or are interested in volunteering, please go to <https://hnhcares.org/>

The next Caring for One Another meeting will be on Tuesday, May 2nd at 3pm

in Emerson.

~Ron Palmere & Evelyn Hartz



## UUCA GET COOKIN'!

With Christine Bocazrska and Faith Pham  
Caring For One Another Committee

### BAKED EGGPLANT

(450 degree oven; total time about 1 hour)

2 medium eggplant, peeled and sliced 1/2 in thick  
1 1/2 cups panko bread crumbs  
1/2 cup grated parmesan cheese (optional)  
1/2 cup flour  
2 eggs beaten with 2Tbsp of water and 1/2 tsp pepper  
Salt  
Oil spray



Rinse eggplant slices, lay in a single layer on paper towels. Sprinkle with salt and let sit for 1/2 hour. Rinse and dry them then coat with flour, dip in egg mix and completely coat with panko crumbs (with Parmesan mixed in, if using.) Spray or very lightly oil parchment paper placed on a cookie sheet. Lay the breaded slices in a single layer on the sprayed surface and bake about 35 to 45 minutes in a 450 degree oven until nicely browned. Serve.

### TOMATO SAUCE

1 large onion, chopped  
3 large cloves garlic, smashed and chopped  
4 lbs Roma tomatoes  
1 shredded carrot to sweeten (optional)  
1 tsp dried basil  
2 to 3 Tbsps olive oil  
1 lb pasta

Blanch tomatoes and peel what you can. Trim off stem ends and coarsely chop the prepped tomatoes. In a large pot sauté the onion in oil until soft, add garlic and sauté 2 minutes more. Add tomatoes, carrot (if using) and basil. Bring sauce to a boil then Cook 2 hours on the stovetop on low heat. Cook pasta al dente. Serve with sauce and eggplant.

**DESSERT:** Grapes and cheese make a nice dessert.

\*\*\*\*\*

### **Making it Vegetarian, Vegan Gluten-Free, Dairy Free** (Eveline Hartz)

Panko bread crumbs, flour & pasta can be substituted with gluten-free options of the same.

The cheese is optional and can be left out. If desired, Nutritional Yeast Flakes can be used for a cheesy consistency. For dessert use additional fruits in place of the cheese.

No tomatoes?: 4 lbs of tomatoes are roughly equivalent to 32 ounces of sauce or 4 cups prior to cooking.

Eggs are needed for leavening, moisture, or binding. Depending on what's needed, here are some other alternative if you are out of or don't choose to use eggs or commercial egg substitute:

**Leavening:** 1/2 can soda water OR 1 TBS apple cider vinegar plus 1 tsp baking soda

**Moisture:** 1/2 mashed banana OR 1/4 c unsweetened apple sauce OR 2 TBS tomato paste

**Binding:** 3 TBS bean water OR 1 TBS ground flax seed plus 3 TBS water OR 1 TBS Agar plus 1 TBS water



**Unitarian Universalist Church of Amherst**  
 6320 Main Street, Williamsville, New York 14221  
 716.634.3010 www.uuamherst.org



# MAY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Rummage Restore	1 1:30pm - Dominions (Em) 6pm - AA (LR) 7pm - Mankind Project (Reeb) 7:30pm - ACOA (LR) 7:30pm - Buffalo Recorder (CHAPEL) 7:30pm - Chinmaya Study Group	2 10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 1:30pm - Women's Afternoon 3pm - Carling for One Another (LR) (Em) 7pm - Blue Min. (Reeb) 7:30pm - Book Club (LR or DR)	3 12:15pm - AA (LR, RE Wing) 1:30pm - Green Sanctuary (LR) 3:30pm - Voice Lessons (Choir) 7pm - Ministry Council (LR) 7pm - Snowbirds (Em) 7:30pm - Preaching x (Bul)	4 12pm - ROMEO'S Lunch @ Buffalo Brew Pub 6pm - VOICE Buffalo Dinner @	5 4pm - Kentucky Derby Set Up 7pm - Cocktails and Conversation 7:30pm - SOS (Reeb)	6 9am - FD session-offsite 11am - Set up (Em & kitchen) 4:30pm - Kentucky Derby Party 7pm - clean up
7 Evacuation Drill New Member Recognition 9:15am - "Ted Talk" (LR) 10:30am - Church Service 11:30am - Bridge Club (offsite) 11:30am - Evacuation Drill after Services 12pm - Grounds Chapel (CHAPEL or DR) 12pm - Little Free Pantry (LR) 3pm - Chinmaya Mission (FD) 7:30pm - AA (LR)	8 1:30pm - Dominions (Em) 6pm - AA (LR) 7:15pm - Finance Committee (Em) 7:30pm - ACOA (LR) 7:30pm - Chinmaya Study Group (Bul)	9 CHAPEL, ACOA(LR) 12:15pm - AA (LR, RE wing) 12:30pm - Current Events Lunch 7pm - Blue Min. (Reeb) 7pm - John Newman Beard (Em) 7pm - Membership (LR) 7:30pm - Book Club (LR or DR)	10 12:15pm - AA (LR, RE Wing) 3:30pm - Voice Lessons (Choir) 6pm - BOT 'Brown Bag' 7pm - Board of Trustees (Em)	11 10am - Office Cross Training Day 12pm - Spring Staff Meeting 12:15pm - AA (LR, RE Wing) 6pm - Network of Religious Communities (Sakatores)	12 5pm - Havurah (Chapel & Em) 7:30pm - SOS (Reeb)	13 9:30am - "13th" Film, Luncheon 10am - Smoothies and Juices (AE, Em & Kitchen) 6pm - Buffalo Belles (LR)
14 Mother's Day 10:30am - Church Service/ 11:30am - Bridge Club (offsite) 12pm - Poetry as Practice (Reeb) 2pm - Chinmaya Mission (FD) 7:30pm - AA (LR)	15 1:30pm - Dominions (Em) 6pm - AA (LR) 7pm - Mankind Project (Reeb) 7:30pm - ACOA (LR) (CHAPEL) 7:30pm - Buffalo Recorder 7:30pm - Chinmaya Study Group (Bul)	16 Deadline for Newsletter 10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 12:30pm - Women's Lunch (Em) 7pm - Blue Min. (Reeb) 7:30pm - Book Club (LR or DR)	17 12:15pm - AA (LR, RE Wing) 3:30pm - Voice Lessons (Choir) 7pm - Social Justice (DR) 7:30pm - Preaching (Bul)	18 12:15pm - AA (LR, RE Wing) 6pm - Love Feast Thursday (Ch & Em)	19 6pm - Spiritual Cinema and Movie (Em) 7:30pm - SOS (Reeb)	20 6pm - Spiritual Cinema and Movie (Em) 7:30pm - SOS (Reeb)
21 9am - FD Committee (Bul) 9:15am - Spiritual Cinema Short 10:30am - Church Service 11:30am - Bridge Club (offsite) 12pm - Vigna Concert with Poetry (CHAPEL) 3pm - Chinmaya Mission (FD) 7:30pm - AA (LR)	22 1:30pm - Dominions (Em) 6pm - AA (LR) 7:30pm - ACOA (LR) 7:30pm - Chinmaya Study Group (Bul)	23 10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 1:30pm - Women's Afternoon (LR) 7pm - Blue Min. (Reeb) 7:30pm - Book Club (LR or DR)	24 12:15pm - AA (LR, RE Wing) 3:30pm - Voice Lessons (Choir) 6:30pm - ACT Buffalo (Em & Ch) 7pm - Covenant Group (Rev. Michelle's Office) 7:30pm - Preaching (Bul)	25 12:15pm - AA (LR, RE Wing) 6pm - Havurah (Chapel & Em) 7:30pm - SOS (Reeb)	26 5pm - Havurah (Chapel & Em) 7:30pm - SOS (Reeb)	27 5pm - Havurah (Chapel & Em) 7:30pm - SOS (Reeb)
28 10:30am - Church Service 11:30am - Bridge Club (offsite) 11:30am - Farewell Rev. Lisa (Em) 12pm - Book club (DR) 7:30pm - AA (LR)	29 Memorial Day 1:30pm - Dominions (Em) 6pm - AA (LR) 7pm - Mankind Project (Reeb) 7:30pm - ACOA (LR) 7:30pm - Chinmaya Study Group (Bul)	30 10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 1:30pm - Women's Study Group (LR) 7pm - Blue Min. (Reeb)	31 12:15pm - AA (LR, RE Wing) 3:30pm - Voice Lessons (Choir) 7pm - Snowbirds (Em) 7:30pm - Preaching (Bul)	AA = Alcoholic Anonymous ACOA = Adult Children of Alcoholics AE = Auction Event Bul = Thomas Bulfinch Ch = Chapel DR = Dining Room Em = Emerson Room FD = FD/RE Wing LR = Living Room Reeb = Reeb Room SOS = Non-religious sobriety group	2 AA = Alcoholic Anonymous ACOA = Adult Children of Alcoholics AE = Auction Event Bul = Thomas Bulfinch Ch = Chapel DR = Dining Room Em = Emerson Room FD = FD/RE Wing LR = Living Room Reeb = Reeb Room SOS = Non-religious sobriety group	3 AA = Alcoholic Anonymous ACOA = Adult Children of Alcoholics AE = Auction Event Bul = Thomas Bulfinch Ch = Chapel DR = Dining Room Em = Emerson Room FD = FD/RE Wing LR = Living Room Reeb = Reeb Room SOS = Non-religious sobriety group

It's time for the  
**UUCA Kentucky Derby Party**



Saturday, May 6th, 2017

4:30 to 7:30pm

in the Emerson Room

Good Food, Good Fun,

The Greatest 2 Minutes in Sports

Sign up in the church lobby or Emerson Room

\$20 per person payable to Barbara/Barry Kent or Jaime in the Church office

Cash Bar

This is a Dining for Dollars Event

**May 14th is Mother's Day**

Thanks to all our Beloved Mothers for your unconditional love, support, and guidance. Did you know that early advocates of Mother's Day in the United States originally envisioned it as a day of peace, to honor and support mothers who lost sons and husbands to the carnage of the Civil War? Read Unitarian Julia Ward Howe's Proclamation online at <http://http://peacealliance.org/history-of-mothers-day-as-a-day-of-peace-julia-ward-howe/> (Julia Ward Howe is also known as the composer of the Battle Hymn of the Republic)



**Rev. Lisa!**

Let's celebrate our inspirational year with Rev. Lisa who has been integral to growth on so many levels.

Sunday on May 28th after service.

# What's Happening at UUCA ?

## This Month's Featured Events:



READY TO TRY SOMETHING DIFFERENT?  
CHECK OUT:

### **COCKTAILS & CONVERSATION**

On Friday, May 5th all those over 21 welcome for a night out. We will be at Papi Grande's Mexican Restaurant & Cantina (4276 Maple Rd, Amherst, NY 14226 ) in honor of Cinco de Mayo! Don't want to drink, but still want to come out for some food and conversation —sure!

Contact Ivy Yapelli

### **ROMEOs Men's lunch**

Thursday, May 4th at noon—all men are invited to meet at Buffalo Brew pub for lunch and conversation. No sign up required—just come relax with friends and good food. No agenda—all topics considered! Contact Bob Wack.

### **Dominoes Club**

Continues to meet on Mondays at 1:30pm in the Emerson Room. Anyone is welcome to join—no experience necessary. Come learn! Come play! Contact Eileen McCallister

### **Current Events Discussion and Lunch:**

Tuesday, May 9th - 12:30 p.m. - We will meet in the Emerson Room to discuss the events in the news while eating our lunch from home.

### **Women's Lunch:**

Tuesday, May 16th - 12:30 p.m. - Bring your lunch from home or your favorite purveyor, meet in the Emerson Room and we will laugh and chat together. No formal agenda planned.

### **Bridge Club**

Meets almost every Sunday after services in the Emerson Room. All are welcome—we will teach you how to play! Contact JoAnn Shafer for details



### **"Voice and Viola" Musical Poetry Afternoon**

Sunday May 21st at noon in the chapel following the Flower Communion service. Robert Giannetti will be the poet and Leslie Bahler will accompany him on the viola. Sure to be an inspirational and enjoyable hour. Free-will donation. Sponsored by the Music Committee. Contact Wendy Scott with questions.

Check out our website and events calendar at  
[www.uuamherst.org](http://www.uuamherst.org)



## U.U.-U.N. NEWS

In a recent issue of the *UN Chronicle*, there is an excellent article. It was written by Anne-Marie Carlson and it is entitled “Is it still necessary to teach about the United Nations?” This is, of course, a

rhetorical question and the answer is: Teaching about the United Nations in all our educational institutions is absolutely essential if the scourge of war is to be eliminated and world peace is to prevail. Anne-Marie Carlson is the Chairperson of the Committee on Teaching About the United Nations.

Most schools, colleges and universities throughout our interdependent world are not providing their students with a first-rate liberal education. There is too much emphasis on chauvinistic nationalism, athletics and socializing and not enough emphasis on learning to think independently, critically and creatively through mastering the essential subjects: science, mathematics, history, languages, art and music. Business controls what goes on in the world’s schools and the emphasis is on teaching the younger generation to be successful as they struggle to pursue careers in highly competitive societies.

According to Ms. Carlson, the need to educate young people about the U.N. throughout our interdependent world represents a challenge that cannot be ignored. If the U.N. is to remain true to its Charter and Universal Declaration of Human Rights, the world’s educational institutions must emphatically teach about the U.N. to every generation. Unless students learn about the role of the U.N. in our interdependent world, far too many of humanity’s failures will simply be repeated. Unless

students understand the nature of the global issues that confront the U.N. and its 193 Member States, they will not be able to use their creativity to solve the grave problems confronting humanity—human rights violations, poverty, social injustice, failure to implement the Millennium Development Goals (MDGs), human exploitation, war, destruction of the Earth’s ecosystem, militarism, literacy, terrorism, the need for universal disarmament and sustainable development, among many others.

Students should also learn about the United Nations itself—the Security Council, the 193 member General Assembly, the Secretariat, the Economic and Social Council, the International Court of Justice, the Trusteeship Council, the U.N.’s Secretary-General, UNICEF, the World Health Organization, etc. The younger generation is humanity’s future. If they are not educated to be committed to the U.N., the future of humanity is bleak, indeed.

At present, the U.N. Charter and the U.N.’s Universal Declaration of Human Rights have not been fully implemented. The primary purpose of the U.N. is to eliminate the scourge of war and promote human rights. Also, at present, the U.N. does not possess the power to keep the peace through an effective system of collective security. The future of humanity depends on an effective United Nations. The younger generation needs to be taught to be committed to the goals of the United Nations if humanity is to have a peaceful future: otherwise, human civilization will ultimately vanish. This must not be allowed to happen. The time for unequivocal action is now, especially given U.S. President Donald Trump’s current antipathy towards the United Nations.

~David Slive, U.N. Envoy

*To learn more about the United Nations, its mission, and current UN activities, go to [www.un.org/en](http://www.un.org/en) Bookmark it today!*



Some Easter Sunday Egg Hunt memories with our youngest members.

