

Issue  
**June**  
**2017**

# The Foreword

The Newsletter of the  
**Unitarian  
Universalist  
Church of  
Amherst**

6320 Main Street,  
Williamsville, NY 14221  
**716-634-3010**  
www.uuamherst.org



Proposed Mission and Vision Statement (to be voted on at June 11th congregation meeting): *To challenge ourselves and the community to foster more compassion and justice in the world.*

## Our Staff:

### Developmental Minister

Rev. Michelle Buhite  
(Office).....x102  
minister@uuamherst.org

### Ministerial Intern

Rev. Lisa Peterangelo  
revlisa@uuamherst.org

### Minister Emerita

Rev. Maureen Q. Thitchener

### Interim Director of Faith Development

Karen LoBracco  
x104  
dfd@uuamherst.org

### Music Director

Fran Landis.....

### Caretaker

Chris Barry.....

### Financial Clerk

Donna Sentz.....x103  
bookkeeper@uuamherst.org

### Office Administrator/ Newsletter Editor

Jaime Sheridan.....x101  
administrator@uuamherst.org

Office Hours:  
9:00am until 2:00pm,  
Tuesday to Friday

## SUNDAY SERVICES IN JUNE AT 10:30am

# 4

### *Asking for What You Need*

Rev. Michelle Buhite

What do you do for rest? If that doesn't sound like a complete sentence, you might be an over-achiever. Come and discover how to ask for what you need.

# 11

### *The Method to Our Madness*

Karen LoBracco, Interim Director of Faith Development

This our annual celebration of our children, our youth, and the volunteers that make it all possible. Come learn about the new approaches in Faith Development this year, come hear our youth exploring "Compassion with Passion", and celebrate bridging into new stages of life.

# 18

### *The Right Way to Right Speech*

Rev. Michelle Buhite

Have you ever received advice that you didn't want? How do you know if you're truly being helpful when you try to help someone? This service tells the story of Motke the fish peddler, who was helped a little too much by his friends. (Multi-generational service)

# 25

### *Secular Spirituality*

Chris Barry

Humanists and Atheists have as much spirit as anyone else. Not believing in a God does not prevent me from having a spirit, nor does it exempt me from having to use it. Join me in my examination of the spirit and its roots.

## UUCA Covenant

*Together we promise:*

*To gather in compassionate community*

*To celebrate diversity of thought and unity of spirit;*

*And to seek wholeness for ourselves, our children, and our world.*

# MINISTER'S CORNER



The end is near!

The end of the church year, that is. Like the academic year, the programmatic year at church ends in June and returns at full throttle in September; but a lot happens during the weeks of summer:

- ◆ The services between 6/25 and 8/6 are ably handled by our Preaching by Parishioners (PxP) team, who have been working on their messages throughout the winter and spring. Come to summer services to hear what's on folks' minds!
- ◆ There will be no formal children's programming or nursery in July. Children are always welcome in the chapel and will find toys and coloring sheets in the atrium.
- ◆ Interim Director of Faith Development, Karen LoBracco and I will be creating multi-age programming for children and youth to begin in mid-August – see the August Foreword for more information.
- ◆ Rev. Lisa Peterangelo will be available between 6/25-8/6 for pastoral care while I am on vacation and study leave.
- ◆ Plan ahead for our Ingathering Service and Water Communion on Sept 10<sup>th</sup>. Collect water from your summer travels – whether you wander far or just to the comfort of your backyard and the sprinkler to cool you off.

But in the meantime... It's early summer... the local strawberries are red and sweet... ice cream stands are open for business... and there is a stack of books calling to you to slow down and read for pleasure again. Ah... sweet summer.

With care,  
Rev. Michelle



## Annual Congregation Meeting

June 11, 2017 is the church's annual meeting. Committee reports should be emailed to the office by Monday June 5<sup>th</sup>, the week beforehand. The budget for fiscal year 2017-2018 will be available for preview in the church office beginning June 4.



*Childcare will be available so that all members can attend and participate in the Annual Congregational Meeting.*

While the Annual Meeting is open to all, only members in good standing can vote at the meeting—that is those members who have made a recorded financial contribution to the church in the preceding fiscal year and have either made a recorded financial contribution to the church or pledged to make a financial contribution to the church for the current fiscal year. New members become voting members 60 days after signing the book (*i.e.* those who have signed the book before April 12, 2017 are eligible).



**End of Church Year Picnic**

**Sunday, June 18<sup>th</sup>**

**Hamburgers/Hot Dogs/Veggie Burgers Provided**

**Bring a dish to share!**

**Music and Child Activity**

# Faith Development News

**Karen LoBracco, Interim Director of Faith Development**



## **Faith Development as Springtime Moves into Summer**

**May 28** – Memorial Day weekend and multi-age Children’s Chapel, with preparation for Faith Development Sunday. Fran Landis will be assisting with music.

**June 4** – Last session of Faith Development programming until August.

**June 11** – Faith Development Sunday, including presentations by our Senior High youth and Bridging Ceremonies. Volunteers will be honored, so be sure to attend and say Thank You!

**June 18** and **June 25** - will be multi-generational worship services. The Nursery will be open for little ones, but there will not be separate faith development classes for children or youth.

**July** – The Nursery will be closed. Children and youth are always welcome in the chapel! Toys and activity sheets are available in the atrium for the young and young-at-heart.

## **Faith Development – a Place for You to Grow Too!**

It took me and many other volunteers by surprise, but frequently the best way to learn about Unitarian Universalism is by being a Faith Development volunteer, and learning WITH the kids. And because we intentionally work together in TEAMS, with the support of the Faith Development Committee and Interim Director, you are never alone! And it can be really fun to get to know people at a “deeper than Coffee Hour level”. *Let’s talk after the June 11 service*, or call Karen LoBracco anytime in June to discuss options. We have openings for all ages, regular and occasional volunteers, beginning in August.

## **Our Whole Lives – 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> grade**

Coming to UUCA this September will be this awesome comprehensive sexuality program. We have room for additional youth, so now is a good time to talk to friends and relatives who might be interested for their child. Also invite members of liberal religious congregations like United Church of Christ and Reform Jews. For more information, contact Sharlynn Daun-Barnett or Karen LoBracco.

## **Day Tripping to Albany**

On May 9, I was invited to participate in *Concerned Clergy for Choice* Lobby Day with state senators in Albany. This was a first for me, an opportunity to share stories of the value of education and services as we spoke with legislative aides, including staff for Chris Jacobs (Room 946, Legislative Office Building, Albany 12247) who represents the district #60 surrounding UUCA. We lobbied in favor of the Comprehensive Contraception Coverage Act (S3668), so that provisions about access to contraceptives without copays would remain even if the Affordable Care Act was repealed, and in favor of the Reproductive Health Act (S2796) to update NY’s 1970 law to bring it into alignment with the 1973 ruling of Roe vs. Wade and current medical practice. In a follow-up note to Senator Jacobs, I enclosed an informational flyer about *Our Whole Lives*, and information about our long history in comprehensive sexuality education. Adding your voice and perspective might help shape the opinion of this new state senator, so I urge you to contact him with your ideas. According to his aide, he is a person who likes facts.

# JUCA Office News

•Please mark all pledge checks sent into the office by writing the year in the memo line. Current pledges should be for '2016-2017' and new ones '2017-2018' for the new fiscal year starting July 1st. Contact Jaime or Donna if you have questions related to your pledge or outstanding balance.

•We have a new phone system in the Church! We are updating our technology and will save some money in the long term. Each room/office now has a specific extension. **You can reach the office by dialing 634-3010 then 101.** Just listen carefully to the new menu options for help. Here are the updated phone numbers for the church staff:

634-3010 – Main Number

634-3012 - Fax

Jaime Sheridan, Office Administrator —x101 (**NEW—Dial 101 to reach the office!**)

Rev. Michelle Buhite, Developmental Minister — x102

Donna Sentz, Bookkeeper & Dave Stroud, Treasurer – x103

Karen LoBracco, Interim Director of Faith Development– x104

Clara Barton Room - x105

Kitchen – x106

•The photo directory is currently being printed. It should arrive to the office by the beginning of June & we can't wait to see it! Many hugs to Bunny Malone for her help with the proof-reading process. Don't worry if you missed getting a photo taken—we will have an 'update day' next spring to add you into the directory.

•The refrigerators will be emptied on Tuesday, June 13th. Any food not labeled will be disposed of on that date. As always, please label your items to be saved or to be shared or remove them. There is terrible food waste occurring in our church kitchen due to items not being removed promptly. 12 containers of very moldy food - mostly dairy products - were discarded on May 16th.



On that subject, volunteers are needed to monitor the refrigerators and the kitchen counters on a regular basis. If you would like to help, contact Jaime in the office.

•Office Volunteers needed to check mail and cover the phones during Jaime's vacation days in July. Contact Jaime in the office (634-3010 x101) or Marge Marcille if you are available to help for a few hours July 5-14 or 26-28.

## **GREEN TIPS** from the Green Sanctuary Committee :



Bees are "canaries in the coal mine," warning us of an imminent and frightening threat to our food.

***HELP STOP THIS SECOND " SILENT SPRING!"***

**Acetamiprid...Clothianidin...Dinotefuran...  
Imidacloprid...Thiamethoxam**

These chemicals are killing bees. If you see any of these ingredients listed on products in your home or you local garden center, do not use them.



## Adult Faith Development

Adult Faith Development is winding down for the summer. All are welcome to come to this month's events. We will re-start Poetry as Practice in September. We would like your feedback on the Ted Talks and Spiritual Cinema programs and would like any other ideas that you have for Adult Faith Development. Contact Diane Bofinger, Rev. Michelle ([minister@uuamherst.org](mailto:minister@uuamherst.org)), or Karen LoBracco ([dfd@uuamherst.org](mailto:dfd@uuamherst.org)).

**Tuesday, May 30th- Women's Afternoon Study Group** 1:30 p.m. in the Living Room - We will talk with Reverend Michelle and Karen LoBracco about the future of the Faith Development program.

**Tuesday, May 30th- Tuesday Night Book Club** 7:30 p.m. in the Living Room - We are now reading Carl Sagan's "The Varieties of Scientific Experience: A Personal View of the Search For God." We will continue to meet every 2 weeks in the summer. Contact Chris Barry ([wellmet94@yahoo.com](mailto:wellmet94@yahoo.com)) with questions.

**Tuesday, June 6th- Women's Afternoon Study Group** 1:30 p.m. in the Living Room - Hopefully, our Summer Issue of the UU World will have arrived and we will discuss its contents.

**Tuesday, June 27th- Women's Afternoon Study Group** 1:30 p.m. in the Living Room - The UU World

## Music Notes



With  
Wendy Scott

- ◆ The music committee encourages all music lovers to come to the *Music at UUCA Potluck* and Discussion on Thursday June 15th. Bring a dish and your ideas to share!
- ◆ Don't forget to stay after services on Sunday, June 18th for the *End of Year Picnic*. Phil Mann, Phil Blommendahl, and Mike Mason will be performing music for your listening enjoyment at the party.
- ◆ Save the Date! *Lee Ron Zydeco and the Hot Tamales* will play a summer concert at the church on Saturday, July 22nd in the afternoon. Drinks and light refreshments will be served. More information coming soon.



Patricia Logan Green signed the membership book. Her husband is Richard and daughter is Kira.





## BOARD NOTES:

Fellow members and friends—

During Yvonne’s convalescence, I will be continuing to serve as acting chair of the Board. In many ways, this time of year seems more like a year-end than December, and for good reason. Fiscal years are about to come to an end, grades are being submitted, while teachers and students alike are anticipating summer break. My own family will be celebrating our daughter’s college graduation this May.

I’d like to pause for a moment in gratitude for our ministerial intern, the **Reverend Lisa Peterangelo**, who received her Master of Divinity degree from Colgate Rochester Crozer Divinity School on May 13. Over the past year, Lisa has formed deep relationships with members of our congregation, and several attended the beautiful commencement service at Asbury First United Methodist Church in Rochester. Lisa’s presence at UUCA has truly enriched our church life, and I am so pleased that we could be a small part of her journey and wish her the very best as she continues on.

I hope you are planning to attend our **annual congregational meeting** on June 11, 2017 after services. Please join me in thanking **Yvonne Stocker, Joe Rautenstrauch,** and **Rosalind Sulaiman** for three years of service as trustees. *Blessed are those who when asked to serve, do it gladly; who realize that change is brought about through human meeting, who do the work of committees, and stay till the end.* (John Buehrens, Reading #728). At the annual meeting, we will be voting in three new board members, and are also asking you to confirm Anne Hibbert and Randy Kent, who joined the board during the course of the year and are completing the terms of Lisa Mulder and Marlana Rice, respectively, until 2018. We will also be voting on next year’s budget. Your vote is important. Please attend!

**Developmental Ministry Update:** The Board, together with Rev. Michelle, has completed the *UUA Transitions Office Developmental Ministry Evaluation*, which is due in June. Please note that is an evaluation not of Rev. Michelle, but rather of the combined efforts of the congregation and the minister in

our developmental ministry. At the end of Year Two of a four-year developmental ministry, we were cognizant of the progress we made this year by working on a mission & vision statement (also to be voted on at the annual meeting), as well as of the positive developments in Faith Development under Karen LoBracco’s tenure. Next year, we expect to turn our attention to drafting a strategic plan, and to creating greater efficiencies in our governance structure (i.e. a redesign of the council structure). It being Karen’s final year with us, we will also be looking ahead to smoothing the path for a settled director of faith development to start work in 2018.

I wish you all a gratifying wrap-up of your year and a joyful summer to follow. See you in church,

*~ Hella Jacob, vice-chair, on behalf of the UUCA Board of Trustees (Yvonne Stocker [chair], Joe Rautenstrauch, Rosalind Sulaiman, Angela Warren, Steve Kemp, Gemma Lanthier, Anne Hibbert, and Randy Kent)~*



## Amherst Little Free Food Pantry Meeting

We are making progress towards building a Pantry on church grounds. There will be no meeting in June. Our next meeting will be July 2nd at noon in the Living Room.

For more information or to express interest, please contact Maria Ceraulo



## Challenging My Assumptions

By Karen LoBracco, Interim Director of Faith Development

I grew up in the Town of Tonawanda, then a 99% white town, with one Jewish family on my street and the rest Catholic or Protestant. Nobody I knew was rich and nobody was poor. Everybody was heterosexual or pretended to be. The good news is that in the intervening years my universe has expanded a bit and my children's and granddaughter's world is much more diverse than mine. Hurrah! Yet I continue to struggle with assumptions about the world order, assumptions that dwell deep in my bones and my DNA. Is it the same or different for you?

**Whiteness** is the default, the usual, the no explanation needed assumption unless otherwise noted in my life. Sometimes I notice the paleness of the crowd in the restaurant, at the meeting or walking down the street, but mostly not. What am I missing when some people are invisible to me?

**Heterosexism** comes from that early sorting work of preschoolers on genders and roles and how the world is organized. Even though I know folks on all portions of gender and affectional affinity spectrums and have seen families form in diverse fashions, I still go down the "cis female and cis male plus sexual intercourse makes a baby" route unless informed differently. How many times has my assumption negated my words of welcome?

**Class and Culture** for me is intertwined with power of the self-determination variety. Everyone and everything told me I had the power to make things happen and to shape my own destiny. I believed in the power of "pulling oneself up by your bootstraps", but am confused and conflicted when I meet really, really good people who never had boots to pull up. Acknowledging that choosing to ignore my privilege is an option, but what kind of message is that sending to my granddaughter about my values?

From the beginning of time humans have sought to classify and organize their world so they might survive. Survival is a very good thing! But now this senior citizen is finding that pushing back against and confronting the ways of thinking that were useful in kindergarten are the only way to help me thrive in 2017. What about you? What assumptions are you struggling with?

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## Why the Hearts and Hands Sign?

Our church is a coalition partner with Hearts and Hands, a not-for-profit, neighbor-helping-neighbor organization. Volunteers can help out in any of the following ways: transportation for medical appointments and local errands; phone pals, companion visits and wellness checks; in home supports including letter writing, bill paying, hair care and much more; yard work and snow removal; respite services providing a care giver a chance to relax and refresh; and minor handyman services.

If you can see yourself helping with any of these activities, please consider becoming a Hearts and Hands volunteer. If you have any questions about this wonderful program, please contact our liaison church member, Ron Palmere



## UUCA GET COOKIN'!

With Christine Boczarska & Faith Pham  
Caring For One Another Committee

### Baked Chicken filets

Oven at 350°F

2 large boneless, skinless chicken breasts  
1/2 cup flour  
1 egg beaten  
Salt  
Pepper  
Olive oil spray



Slice each chicken breast in half, lengthwise. Flatten with a mallet or rolling pin to an even thickness. Add about 1/2 tsp of salt and 1/4 tsp pepper to the 1/2 cup of flour and mix. Dip the filets into the beaten egg and then the flour mix. Lay on parchment paper which has been sprayed with olive oil and place on a cookie sheet. Bake in the oven for about 30 minutes or until very lightly browned. Serve with lemon sauce

#### Lemon sauce

Juice of 1 lemon  
1/4 tsp lemon zest (optional)  
1 tsp sugar  
1 pinch salt  
1 tsp cornstarch or arrowroot  
1/2 cup Cold water

Mix water and cornstarch/arrowroot until smooth in a saucepan. Add the lemon, zest, sugar and salt and cook on the stove until boiled and clear. Taste and correct seasoning. Add more water if too thick. Serve hot over the chicken filets.

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#### Making it Vegetarian Gluten-Free, Dairy Free (Eveline Hartz):

The easiest way to make it gluten free is to use a ready mixed gluten free flour.

Alas, there is no vegetarian option here. My experience has been that “tofurkey” type substitutes are disappointing at best. Serve additional vegetable dishes instead - especially now that farmer’s markets are open and there are lots of fresh local green veggies available.

Here’s an easy alternative/additional recipe to serve along side the chicken should you have vegan/vegetarian friends amongst your guests.

#### Brazilian Loaf (adapted from “Bezig Zijn Met Vegetarisch Koken”) Preheat oven to 350°F

Prepare loaf pan with: 1 tsp butter & 2 TBS wheat/rice bread crumbs (or parchment paper if dairy free)

6 tomatoes - minced  
1/2 lb Brazil nuts - ground  
5 ounces fresh whole-wheat/rice breadcrumbs  
2 TBS each of oat & soy flour (or 4 TBS oat flour)  
1/2 c tomato juice  
2 tsp dried basil  
1 tsp dried thyme  
1 tsp salt

Combine all ingredients. Mix well.

The mixture should retain it’s shape somewhat but not be dry. Adjust liquid/four as necessary. Press firmly into pan. Bake for 50 minutes or until toothpick comes out clean.

Remove from oven and let cool in pan

Place warmed serving platter over pan and flip upside down. Serve at room temperature.

Bon Appetit!



## Faith Community Nurse Corner

Eveline Hartz, RN



### A Word About Men's Health

June is Men's Health Month - the month designated to wear blue in support of men's health. Eating foods blue in color may add phytonutrients to your diet, but wearing blue, while nice, will not do much in the way of health.

What are some health issues affecting men:

Cardiovascular disease is top of the list as the leading cause of death.

Lung cancer follows.

Prostate cancer - is the most prevalent cancer, though not the most deadly.

Depression and suicide - more women attempt suicide but men are more successful at it.

Diabetes - this in turn exacerbates cardiovascular disease.

Erectile dysfunction - often has the same underlying causes as cardiovascular disease.

general risky behavior

What can you do?

Regular checkups with your MD are recommended. Don't wait until it's too late to see a doctor about an issue you are having. If you are overwhelmed or caught in a funk that won't quit, seek professional help. Earlier is always better than later.

Quit if you are still smoking, if you're not - don't start - it is the leading cause of lung cancer. Lung cancer leads the pack as causing death due to cancer in men.

Preventing prostate cancer is a bit more tricky as no known cause has yet been determined. There are links with diet (too much calcium in particular), exercise, and obesity. Other risk factors include age, ethnicity, and family history - including breast cancer in close female relatives.

Both cardiovascular disease and diabetes can be prevented or improved with dietary and life style changes: regular exercise, vegetarian/vegan food choices, avoiding sugar, white flour, processed foods & sodas in general, weight loss if needed. (Think about how tiring it would be to carry around a 15 lb. bowling ball - why carry that extra weight if you don't need it?)

Reducing stress is beneficial for your blood pressure, your mental health and general well-being.

Participating in yoga, Tai Chi, meditation, journaling or walks outside on a regular basis go a long way towards stress reduction.

Regarding risky behaviors? That might include drinking too much, driving too fast, cutting tree limbs out of reach, not using safety ladders or seat belts and the like. These are preventable, don't do them.

*"You're in pretty good shape, for the shape you are in" ~ Dr. Seuss*

*"I believe that the greatest gift you can give your family and the world is a healthy you." ~ Joyce Meyer*



Lauraine Marcus was honored at the **Network of Religious Communities Annual Appreciation Dinner** on Thursday, May 11th. Thank you Lauraine for your hard work and dedication to the UUCA community.

The Network of Religious Communities (NRC) is an interreligious/ ecumenical organization of denominations, congregations, and religious organizations located in Western New York and the Niagara Peninsula of Southern Ontario. The NRC's purpose is to "foster interreligious, ecumenical, and interracial understanding, dialogue, and cooperation, and facilitate collaboration in areas of common concern, and promote justice, peace, and the common good — as expressed in the faith traditions of our members". More info can be found at <http://www.religiousnet.org/>

Dear UUCA friends,

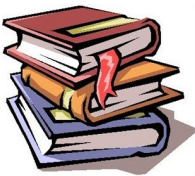
Thank you for the honor of being Volunteer of the Year for the Network of Religious Communities' 2017 Recognition Dinner. I am very grateful that so many were able to celebrate this evening with me and have been deeply moved by all of the expressions of appreciation. The caring relationships I have with you, as well as the commitment I have observed in others, motivate my efforts to help sustain and grow our beloved community.

My deepest appreciation.

Lauraine Marcus



## LENDING LIBRARY



Sorting in the book room for the Rummage Sale yielded the following finds which are now available in the glass cabinet at the back of the Emerson Room.

The Book of Mormon: Another Testament of Jesus Christ

English Translation of the Message of The Quran

The Prophet by Kahlil Gibran

The Little Prince by Antoine de Saint-Exupery

Reaching for the Sun meditations by Angela Herrera

Spiritual Literacy: Reading the Sacred in Everyday Life by Frederic and Mary Ann Brussat

Spiritual Rx: Prescriptions for Living a Meaningful Life by Frederic and Mary Ann Brussat

World Hunger: 10 Myths by Frances Moore Lappe (author of *Diet for a Small Planet*) and Joseph Collins

Please sign out your choices in the spiral-bound notebook within the bookcase. Happy summer reading!

One Rummage treasure I'm holding back, because it's not really a spiritual text is Sing a Song of Six-Packs by UUCA forefather Jerry Kent. I'd be happy to personally loan out this musical snapshot of mid-1980's Buffalo on request. (Sadly, the lyrics book arrived in the Dining Room without the accompanying music cassette tape).  
~Marie Evans

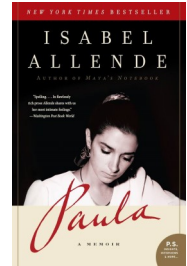


## Calendar Planning Meeting

Sunday June 4th after services in the Dining Room & Living Room. Come see what's going on next fall and add your events to the church calendar. *We ask that a representative of each church group attend this meeting.* Contact Jaime in the office (administrator@uuamherst.org) or Lauraine Marcus with questions.

## UUCA BOOK CLUB

We're doing a common read for June (meeting on June 25th, noon in the Dining Room) and the beginning of July: PAULA by Isabel Allende. Our summer meeting will be a luncheon at Grace Little's home on Wednesday, July 19. Please contact Grace for details.



Our annual **UUCA Ladies Cocktail Party** will be held early this year - the second Saturday in JULY.

Join us on Saturday, July 8 from 6-11 pm at Marlana's lovely East Amherst home and garden (weather permitting).

As a "Drinking" For Dollars fundraiser for our beloved congregation, Marlana and Marie invite congregation members and friends who identify as women in a way that's significant to them to an evening of camaraderie, where we'll serve adult beverages and hearty snacks.

Chauffeur service will be available, as usual, & there will be non-alcoholic refreshments, too.

Contact Marie to sign up - cost is a \$20 donation to UUCA. Max number of guests is 20.

~Marlana Rice & Marie Evans

P.S. Marlana has retired and may soon downsize or move, so this may be the last one!

# What's Happening at UUCA ?

## This Month's Featured Events:



### **Music at UUCA Potluck & Discussion** Thursday, June 15; 6-8pm

Interested in music at UUCA? Singers, instrumentalists, and those interested in the future of music at UUCA are invited to attend! Bring a dish to share and your creativity!

Sign up in the lobby or tell Fran by Sat 6/10.

#### **ROMEOs Men's lunch**

Thursday, June 1st at noon—all men are invited to meet at Buffalo Brew pub for lunch and conversation. Come relax with friends and good food. No agenda—all topics considered! Contact Bob Wack.

#### **Dominoes Club**

The Dominos group will not be meeting again until the fall. We plan to resume again in September. Have a wonderful summer!  
Contact Eileen McCallister

#### **COCKTAILS & CONVERSATION**

Come gather to relax and unwind with fellow UUs. June 2nd will be at Milos Restaurant (5877 Main St, Williamsville, NY 14221).

Contact Ivy Yapelli

#### **Current Events Discussion and Lunch:**

Tuesday, June 13th - 12:30 p.m. - We will meet in the Emerson Room to discuss the events in the media. Bring your lunch from home.

#### **Women's Lunch:**

Tuesday, June 20th- 12:30 p.m. - Meet in the Emerson Room to laugh, chat and lunch together. No formal agenda.

#### **Bridge Club**

Meets almost every Sunday after services. All are welcome—we will teach you how to play! Contact JoAnn Shafer for details




**Check out our website and events calendar at**  
[www.uuamherst.org](http://www.uuamherst.org)





Unitarian Universalist Church of Amherst  
 6320 Main Street Williamsville New York 14221  
 716.634.3010 www.uuamherst.org

# JUNE 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 10:30am - Church Service 11:30am - Bridge Club (offsite) 12pm - Calendar Planning 7:30pm - AA (LR)	 6pm - AA (LR) 7:30pm - ACOA (LR) 7:30pm - Buffalo Reception (Chapel) 7:30pm - Chinnaya Study Group (Bu)	10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 1:30pm - Women's Afternoon (LR) 3pm - Caring for One Another (Em) 6pm - Blue Min. Potluck (LR) 7pm - Blue Min. (Reeb)	 12:15pm - AA (LR, RE Wing) 1:30pm - Green Sanctuary (LR) 3:30pm - Voice Lessons (Choir) 7pm - Ministry Council (LR) 7:30pm - Preaching x (Bu)	12pm - ROMEO's Lunch @ Buffalo Brew Pub 12:15pm - AA (LR, RE Wing) 7pm - Cocktails and Conversation 7:30pm - SOS (Reeb)	6pm - Buffalo Balles (LR)	
Annual Congregation Meeting Early Development Sunday 10:30am - Church Service 12pm - Annual Congregation Meeting (Chape) 7:30pm - AA (LR)	6pm - AA (LR) 7pm - Menkind Project (Reeb) 7:15pm - Facilities Meeting (Em) 7:15pm - Finance Comm. (Em) 7:30pm - ACOA (LR) 7:30pm - Chinnaya Study Group (Bu)	10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 12:30pm - Current Events (Em) 6pm - Blue Min. Potluck (LR) 7pm - Blue Min. (Reeb) 7pm - Membership (LR)	12:15pm - AA (LR, RE Wing) 3:30pm - Voice Lessons (Choir) 6pm - BOT 'Brown Bag' 7pm - Board of Trustees (Em)	12:15pm - AA (LR, RE Wing) 4pm - wedding rehearsal (Chape) 6pm - Music at UUCA (Em)	Deadline for Newsletter 7:30pm - SOS (Reeb)	12:30pm - Fisher/Mandel Wedding (Chape)
Father's Day Summer Family Picnic 10:30am - Church Service 11:30am - Bridge Club (offsite) 11:30am - End of Year Picnic 7:30pm - AA (LR)	6pm - AA (LR) 7:30pm - ACOA (LR) 7:30pm - Buffalo Reception (Chapel) 7:30pm - Chinnaya Study Group (Bu)	10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 12:30pm - Women's Lunch (Em) 6pm - Blue Min. Potluck (LR) 7pm - Blue Min. (Reeb)	12:15pm - AA (LR, RE Wing) 3:30pm - Voice Lessons (Choir) 7pm - Social Justice (DR) 7:30pm - Preaching (Bu)	12:15pm - AA (LR, RE Wing) 6:30pm - ACT/Bufalo(Em&Ch) 7pm - John Newman Board	9am - Gateway Longview(Em) 7:30pm - SOS (Reeb)	
Preaching by Parishioners 10:30am - Church Service 11:30am - Bridge Club (offsite) 12pm - Book Club (DR) 7:30pm - AA (LR)	6pm - AA (LR) 7pm - Menkind Project (Reeb) 7:30pm - ACOA (LR) 7:30pm - Chinnaya Study Group (Bu)	10am - ACOA(LR) 12:15pm - AA (LR, RE wing) 1:30pm - Women's Afternoon (LR) 6pm - Blue Min. Potluck (LR) 7pm - Blue Min. (Reeb)	12:15pm - AA (LR, RE Wing) 3:30pm - Voice Lessons (Choir) 7pm - Snowbirds (Em) 7:30pm - Preaching x (Bu)	12:15pm - AA (LR, RE Wing) 5pm - Rehearsal for Wedding (Chape) 7:30pm - SOS (Reeb)		

AA = Alcohol Anonymous  
 ACOA = Adult Children of Alcoholics  
 AE = Auction Event  
 Bu = Thomas Buffinch  
 Ch = Chapel  
 DR = Dining Room  
 Em = Emerson Room  
 FD = FD/RE Wing  
 LR = Living Room  
 Reeb = Reeb Room  
 SOS = Non-religious sobriety group



## U.U.-U.N. NEWS

World War II was the worst international conflagration in human history. Approximately 60 million human beings perished as a result of this terrible tragedy. World War II ended in 1945. In

1946, **UNICEF** was created to end the suffering of children in the various U.N. Member States devastated by the war. In 1947, the U.S. Fund for UNICEF was established, the first of the 36 national committees created to support this new international children's organization. UNICEF is the acronym for the United Nations International Children's Emergency Fund. The Honorary Co-chairs of the U.S. Fund for UNICEF are George H.W. Bush, Jimmy Carter and William J. Clinton.

Today, UNICEF has helped save more children's lives than any other international humanitarian organization in the world. This remarkable accomplishment has been achieved by dedication to one goal: do whatever it takes to ensure that every child survives and thrives. In 1959, the U.N. General Assembly adopted the Declaration of the Rights of the Child, which helps define UNICEF's central purpose. In 1965, UNICEF was awarded the Nobel Peace Prize "for promotion of brotherhood among nations." Today, UNICEF helps children survive in more than 190 U.N. Member States throughout our interdependent world, especially in the poorest ones.

Everyday, at least 15,000 children die around the world from preventable disease. UNICEF's goal is to eliminate this terrible tragedy altogether. Globally, 61 million children do not attend primary school. More than half of them are girls. All are more likely to experience poverty, hunger, disease, abuse and abandonment. UNICEF is also attempting to eliminate this tragedy. However it is an extremely difficult task. Tens of thousands of children have been recruited into the world's armed forces. UNICEF is also working to eliminate this abomination. Numerous children are the helpless victims of famines, floods, cyclones, earthquakes and other natural disasters. UNICEF hopes to minimize the effects of these natural calamities.

The U.S. Fund for UNICEF has worked with UNICEF on all of these problems, providing crucial financial support and keeping the well-being of the world's children in the hearts and minds of millions of Americans. The U.S. Fund for UNICEF is committed to an audacious goal: a world in which there are ZERO tragedies such as the ones just mentioned. Your help is needed. The world's children are humanity's future. To participate in this humanitarian endeavor, **please contribute to the U.S. Fund for UNICEF** (<https://www.unicefusa.org/>). Their address is: U.S. Fund for UNICEF 125 Maiden Lane, Floor 10, New York, N.Y. 10273-0850. The U.S. Fund for UNICEF phone has two telephone numbers: 1-212-686-5522 and 1-212-922-2576. Contributing to the U.S. Fund for UNICEF will make you into a better person and help to make our interdependent world into a more humane place.

*~David Slive, U.N. Envoy*



Our group at the NRC Dinner on May 11th, 2017