October 2019

The Foreword

The Newsletter of the
Unitarian Universalist Church of Amherst
6320 Main Street, Williamsville, NY 14221
634-3010 (x101 for office)
Office Hours Tuesday-Friday, 9:00 am to 2:00 pm www.uuamherst.org



We challenge ourselves and the community to foster more compassion and justice in the world.

Our Staff:

Minister

Rev. Michelle Buhite Office.....x102 minister@uuamherst.org

Ministerial Intern

Kristina Church Office.....x105 kristina@uuamherst.org

Director of Faith Development

Angela Warren Office......x104 dfd@uuamherst.org

Music Director

Fran Landis fland88@aol.com

Caretaker

Chris Barry

Finance Clerk

Camilla Lee.....x103 bookkeeper@uuamherst.org

Office Administrator

Elaine Harrigan....x101 administrator@uuamherst.org

Minister Emerita

Rev. Maureen Q. Thitchener

UUCA Covenant

Together we promise: To gather in compassionate community,

To celebrate diversity of thought and unity of spirit;

And to seek wholeness for ourselves, our children, and our world.

SUNDAY SERVICES IN OCTOBER AT 10:30 AM

10/6 A Planet Transformed by Our Care. Kristina Church Humanity must make big changes in the way we live on our beautiful and beleaguered Earth, and it's those of us who are most privileged who bear the greatest responsibility. How can we awaken to the call for action instead of

getting stuck in paralysis, resistance, or despair? What vision of the future will sustain us when the road gets rough? How can we ground our ecological work in beauty, justice, and love?

10/13 Belonging I: The UU Principles Rev. Michelle We turn to the Principles for our foundational beliefs; the values statements that guide our lives and identify us as Unitarian Universalists. Shared values and beliefs are key to a sense of belonging in a group.

10/20 Belonging II: The UU Sources Rev. Michelle Where the Principles are sweeping values statements that identify us as UU, the Sources create niches of affinity. We may gravitate to one Source in particular, but we widen the circle of inclusion by expanding our repertoire.

10/27 Belonging III: The Masks We Wear Rev. Michelle Worship for all ages! Are you courageous enough to come in mask or costume? What do our masks say about us?

Movie & the Minister: *The Burning Times* Sunday, October 27, 6:00 pm

Whitney Young Room (classroom wing)

Part two in The Goddess Trilogy, *Women and Spirituality*, this beautifully crafted film is an in-depth look at the witch-hunts that swept through Europe just a few hundred years ago. False accusations and trials led to massive torture and burnings at the stake, and ultimately to the destruction of an organic way of life. The film advances the theory that widespread violence against women and the neglect of our environment today can be traced back to those times. Content Warning: graphic and heartbreaking.



MINISTER'S CORNER

Where did September go?! I love this time of year, with its warm days, crisp nights, and the gently angling sun. This moment of seasonal transition is all too fleeting. Have you gone out back to the Debbie Waterhouse Ecology Center and walked the labyrinth yet? Did you light the Mabon fire with us at the equinox?

This month I want to highlight opportunities for connection and personal growth. The sense of belonging that we sought in September is settling into a warm conviviality and it is time to root ourselves more deeply into this beloved community.

Covenant Groups are a form of small group ministry and a great way to get to know one another and to be known. There's a signup in the lobby, or send me a message. The upcoming Road Rally/Scavenger Hunt (10/26) is a great way to get involved and have fun! Invite someone you don't know well to share your car, or help out with the meal and logistics at church. Our intern, Kristina Church is partnering with Angela Warren and Amy Malachowski to offer adult faith development on Thursday evenings, beginning this month. See Kristina's column for more details. On the Thursday evenings when there isn't an adult discussion group, Kristina and Company will be offering a variety of opportunities to reflect and connect during Planet Thursdays. See her column on page 3 of this newsletter. In worship, we will be looking at our UU Principles and Sources to find the 'there' there. (That sounds mysterious, doesn't it!)

There are so many places in our world where we can feel like the proverbial 'square peg' – but you can truly belong at UUCA. It will take some courage and vulnerability to step into this moving stream, but I assure you it will be so rewarding.

See you in church, Rev. Michelle

Don't forget to call your minister!

With health privacy laws, hospitals no longer call churches to let us know when someone has been hospitalized – so it is up to you to contact us if you or someone you know is experiencing health challenges and may want a visit. When in doubt, call!

UU MEMBER SPOTLIGHT

We're proud to share the achievements of our UUAmherst members. This month, we congratulate long-time church member, **Joan Lorch Staple**, who was recently conferred an honorary Doctor of Human Letters, *honoris causa*, from Canisius College where she was a faculty member from 1972-2003.

Joan, who holds a PhD in histochemistry, became a pioneer in a field dominated by men. She participated in groundbreaking research as a post-doctoral assistant at King's College, London where she developed a new technique of microsurgery. Joan continued her research in the 1960s at the Center for Theoretical Biology at the University of Buffalo. Her research was published in more than thirty peer-reviewed journals.



Joan receiving her honorary degree in June from Canisius College President John Hurley.

Joan later joined the faculty at Canisius College where she became a professor and chair of the Department of Biology. She introduced the Women and Gender Studies program, and was honored for her work with the establishment of the annual Dr. I. Joan Lorch Award. Joan published two memoirs entitled *Chance and Choice* (2007) and *Change and Challenge* (2009).

MINISTERIAL INTERN NOTES



Welcome back to church! I'm excited to be back at UUCA for the second half of my two-year term as your ministerial intern. This year, I'll be working on a larger project to cap off my time with the congregation. I've decided to focus on climate justice, a timely and pressing religious issue that is calling us to action.

Why is climate justice a religious issue, you ask? Well, Unitarian Universalists are called to uphold our **Seventh Principle**, which affirms the sacredness of the interconnected web of life, of which we are a part. In addition, many UU's identify as humanists, pagans, religious naturalists, or practitioners of Earth-centered faiths. All of these orientations explicitly call us to protect and nurture the delicate web of living relations here on Planet Earth. The Humanist Manifesto, for example, names "a planetary duty to protect nature's integrity, diversity, and beauty in a secure, sustainable manner." This is holy work for us, and our world badly needs us to turn our energies and vision to the task.

So I hope you'll join us this year for **Planet Thursday**, a weekly opportunity to connect with our Seventh Principle by engaging in climate justice! Starting this month, we'll join together each Thursday

evening at 7:00 pm to strengthen our commitment to justice and sustainability on our home planet. Events may include:

- Nature walks and campfires (weather permitting)
- · Documentary films and discussions
- Speakers from climate justice organizations
- Eco-wise home economy skills workshops (e.g. recycling, composting, etc.)
- Fun crafts that help us recycle, reuse, repurpose and reinvent!

We'll be weaving into our sessions a climate justice program called **Our Place in the Web of Life**. Designed for multigenerational groups from tweens through elders, it's all about understanding the dynamics of climate change, and how people from marginalized identities experience disproportionate impacts from the effects of global warming. This learning opportunity was created especially for UU Congregations by religious educator extraordinaire, Dr. Mark Hicks, and Pamela Sparr, a UU climate activist, author, and educator.

I'm really excited about putting our Seventh Principle into action this year, and finding more ways to respond faithfully to climate change. I hope you'll join me on Thursdays as we answer the call to be good stewards of our earth. What could be more important!

Tribute Concert for Frank Del Russo Saturday, October 19 2:00 pm

Williamsville South High School 5950 Main St., Williamsville

The concert is free, but donations to the Williamsville South High school Music Department are welcome.

To schedule events at church, please follow this procedure:

- Check the calendar to see if the date/time is available (www.uuamherst.org/uucacalendar).
- Send an email to administrator@uuamherst.org with the subject line "Calendar."
- •In the body of the email, clearly state the date and time requested, a short description of the event, and the contact person. Indicate the period of time needed. If it is an event that requires set-up and clean-up, include those times separately.
- After you have received confirmation from Elaine, you may coordinate with her to publicize your event.

FAITH DEVELOPMENT

Dear members and friends.

September surely was a busy month! Back to school and church all at once can be pretty exhausting! As we settle into forming routines for ourselves and for groups we involve ourselves with, let us all remember that self care is an important part of Faith Development throughout our lives.

Our Faith Development Team would like to thank those who have stepped up to help with our programming. Ros Sulaiman will be our Junior Youth Group Team leader. Jim Hartz will be our Senior Youth Group Team leader. We have had some response from folks who will be assisting them, but we could still use a couple more adults to fill in on occasion. Spirit Play continues to have the strong leadership of Jeanine Moyer, Linda Groat, and Devon Southall. I send personal thanks to all of them



Original Faith Development Office is now the Fahs Room and will be used as a general meeting space.

for growing the vision of this valuable program. We thank Yvonne Stocker, Suzanne Christ, and Marjorie Marcille for volunteering as doorkeepers.

On Friday, September 20th, more than 20 UUCA members and friends joined Youth Climate Strike (US) and the WNY Peace Center to participate in a rally in Niagara Square that kicked off a week-long Climate Strike. What a great showing from our beloved community! There were so many of us coming and going that I will not attempt to name all of us as I am sure in our moving around the square I probably didn't even see everyone! Thank you to all for "being at the table!" Thanks also to the smaller sign making group on the evening before: Wendy Lettieri, Kristina Church and Rafa, Marlana Rice, Marjorie Buscher, and Doreen Park. We just happened to be the first group to use our repurposed work table in the newly named Sophia Lyons Fahs Room (former FD Office). Sophia Lyons Fahs was a revolutionary UU religious educator. Please see the UU World article (https://www.uuworld.org/articles/sophia-lyon-fahs-revolutionary-educator) for a synopsis of her great work. The room at the top of the stairs of the Faith Development wing, formerly the office, is now a supplies and work room (complete with conference table!). Newly named the Sophia Lyon Fahs Room (Fahs, for short), it honors the religious educator of that name who revolutionized how we raise UU kids. The Fahs Room is available for groups and meetings; reserve it through administrator@ uuamherst.org.

Looking to the future, you can be involved in Faith Development in so many ways. Our "regular" classes are important and need the assistance of adults in our congregation. You can assist in our First Sunday All FD activities which will begin on October 6th. You can participate in our "Planet Thursday" programming, which will focus on Our Place in the Web of Life. This could prove especially valuable to those volunteering in Junior and Senior Youth Groups. You can befriend a young adult and offer to help give rides to church and other events, especially when our Young Adult and Campus Ministry leader Diane Bofinger is away during the winter.

It is still difficult for many people to have the words Faith Development roll off the tongue. We were so used to saying RE, Religious Education, or DRE, Director of Religious Education, and the like, and change is never easy. Educating our youth and our newer adult members about the origins of Unitarian Universalism as a religion is important and always will be. When we use the broader term Faith Development, or even Lifespan Faith Development, we can become more used to the notion that there is more to Religious Education than going to class.

Truly yours,

Angela Warren, Acting Director of Faith Development

SOUL MATTERS: WHOSE ARE YOU?... ALL IN ONE PLACE

We all know that belonging is not just about place, but people as well. Quaker teacher, Douglas Steer gets at this beautifully:

"The ancient question, 'Who am I?' inevitably leads to a deeper one: 'Whose am I?' – because there is no identity outside of relationship. You cannot be a person by yourself. To ask "Whose am I" is to extend the question far beyond the little self-absorbed self, and



wonder: Who needs you? Who loves you? To whom are you accountable? To whom do you answer? Whose life is altered by your choices? With whose life is your own bound up, inextricably, in obvious or invisible ways?'

It's such a powerful and important truth: we are who we belong to. But it's also a hard truth to remember. The world around us doesn't help. Its focus is on becoming not belonging. It wants us to wake up every morning and ask, "Am I succeeding?" not "Who needs me?," "Who loves me?," or "With whose life is my own bound up?"

So this month why not engage in a bit of course correction? Why not see what happens when who we belong to is front and center at the start of every day?

This exercise is designed to help with this. Here are your instructions:

- 1. Clear off a space on a table, dresser, desk or shelf in your house.
- 2. Over a few days or a week, populate that space with pictures of people who come to mind when you ask yourself "Whose am I?" Find or print out the pictures. Add as many as feels right. Push yourself to think beyond the obvious answers: your family, your church community, etc. Treat the question as a meditation practice. Asking it each day will lead you to unexpected pictures: a mentor from your past, an unknown boy on the other side of the world suffering because climate change caused by us, those who have been exclude from our faith because of white-centered structures. Or maybe it will take you beyond people, to a pet from your childhood or that park you walk in every Saturday of the Fall.
- 3. Once the space is filled with your chosen pictures, spend another week or two using it as an altar of sorts. Pause briefly before it every morning. Or maybe more than briefly.

Note: You don't have to do this exercise by yourself. Consider doing it with your partner or with your children as well.

IN THIS CONGREGATION, WE BELIEVE:

LOVE IS LOVE

BLACK LIVES MATTER

CLIMATE CHANGE IS REAL

NO HUMAN BEING IS ILLEGAL

ALL GENDERS ARE WHOLE, HOLY, & GOOD

WOMEN HAVE AGENCY OVER THEIR BODIES

BOARD NOTES

Dear UUCA members and friends,

Each year the new Board begins its work by engaging in purposeful reflection, considering our vision for the future of the UUCA, and setting goals for the year that should move us in that direction. Although demographics and attitudes toward religion in society are shifting in a way that might seem to be detrimental to us, Unitarian Universalism is in fact more vital than ever. We are a progressive religion in a progressive time. We offer many of the positive elements associated with religion—a foundation for



building values in oneself and one's children, a source of fellowship, and a conduit for doing good—while disavowing many of the attributes that cause people to reject religion—intolerance, dogma, and insistence on a faith that defies reason. In the Board's vision for the UUCA, we find opportunity in this cultural shift, drawing people to us by resonating with their more modern values, and by demonstrating our faith through the example of our actions.

To bring this vision to fruition, we need to have our house in order—and in more ways than one. This leads us to our goals for the year:

- 1) We need to arrive at a consensus regarding the future of the physical church. There are a multitude of serious problems with the building, and we cannot let them fester any longer. This is a contentious issue, with significant ramifications, and a full gamut of opinions about how to proceed. What we will do is now an open question. The congregation must decide, and it is the job of the Board to see that you have the information you need (this will take some research), and the ability to make your voice heard. By the end of our term, we want a firm decision on what we will do, and a plan to do it.
- 2) We will bring to completion the goals laid out in the strategic plan that was developed over the past two years. Two key components are marketing (raising awareness of UUCA) and welcoming (making people want to come back). We have a great group working on this now, and the recent change to the foyer (which is still in progress) is one of the tangible results of their efforts. Another one that we want to bring to reality in the coming year is the design and installation of a new sign (but this depends on how (1) plays out). Stay tuned for more as this develops.
- 3) Implementation of policy-based governance is another component of the strategic plan that we want to bring to fruition this year. This seems like such a mundane goal! But it is essential to keeping the church healthy and functioning well into the future. With it, our members have greater opportunity to lead and contribute in areas of concern to them. A key element is putting trust in you and each other to do this dutifully and well. We have made a lot of progress on this front in the past two months, but there is still a lot of work for us ahead.
- 4) There are many in our local community who think like us, but who have yet to discover us. We want to be ready for them when they do. The Board's goals are necessary steps in that direction.

David Kofke, Chair, on behalf of the UUCA Board of Trustees

AMHERST LITTLE FREE PANTRY UPDATE

SAVE THE DATE

All are invited to join pantry volunteers for lunch at Eastern Pearl, 938 Maple Road, near North Forest, in Williamsville (separate checks), on Sunday, October 6 at 1:30 pm, or after congregational budget meeting ends. Hear our plans for the future as we mark the first year of the Amherst Little Free Pantry.

Some Good News For A Change:

While Virginia Snyder was shopping at Dollar Tree for the Pantry, she explained the Pantry to the person behind her and let the other woman go ahead of her. When Virginia reached the register, the cashier told her that the other woman had given \$10 toward Virginia's Pantry purchases. And the woman had already left before Virginia had a chance to thank her!

We could use cereal and items not covered by food stamps/SNAP like laundry pods, deodorant and toilet paper.

We are open 24 hours a day, 7 days a week, with no questions asked. You don't have to wait to get help. All are welcome.

Many thanks to all who have donated to the Amherst Little Free Pantry.

For questions or comments please contact Maria Ceraulo at amherstlittlefreepantry@uuamherst.org.

The Little Free Pantry Team meets the first Sunday of the month after services.



NEED A SPACE FOR YOUR SPECIAL EVENT OR MEETING?

Various rooms at UUCA are available to rent for private events, weddings, memorial and naming services, instruction, group meetings, and community use. The building includes a wellequipped kitchen and banquet room that seats 96 with AV capability. For rental information, email administrator @uuamherst.org or call the Church Office, 634-3010 x100.

UUCA THEATRE LOVERS

Jewish Repertory Theatre's season begins Thursday, October 24, with "Oh My God!" by the late playwright Anat Gov, which runs through Sunday, Tewish Repertory THEATRE November 17. UUCA members and friends can purchase discount tickets at \$25 each for weekend performances, using the form from the folder at



the bottom of the Church Life bulletin board, on the left as you move toward the chapel from the rear lobby.

Our group outing will be Sunday, November 10, for the 2:00 pm matinee, followed by dinner together at Lebro's Italian Restaurant (pay your own way). Purchase your tickets by mail from Sophia Veffer before November 1. Checks must be received at least eight days prior to the performance. Let me know by noon on Friday, November 8 if you want to be included in the dinner reservation. Marie Evans, 636-5770, or evans.marie@gmail.com.

Jewish Repertory Theatre will be having a series of one-night-only staged readings this season. We won't be attending these as a group, but you might be interested in going on your own. First up is:

HOLIDAY SHORTS, by Atlanta playwright Hank Kimmel

Monday, November 25, 7:00 pm

2640 North Forest Rd., Amherst, NY (in the Jewish Community Center)

A funny series of offbeat, comic, 10-minute plays ranging from the saucy to the sanguine to the sentimental, all featuring themes of the holiday season. See JRT's website for further details or to purchase tickets at jewishrepertorytheatre.com.

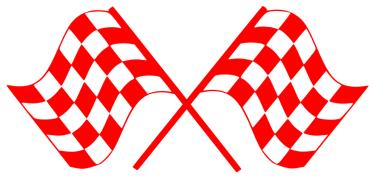
ROAD RALLY & SCAVENGER HUNT OCTOBER 26 TO BENEFIT AMHERST LITTLE FREE PANTRY

UUCA is inviting all to attend a community road rally/ scavenger hunt on Saturday, October 26, 2019, to benefit the Amherst Little Free Pantry. Registered participants will drive to various locations within 30 miles of Williamsville, photograph themselves at the site and may post their photos on social media (optional). Teams compete for prizes such as Most Age Diverse Team (oldest to youngest), Most Creative Team Photo, Most Efficient Time, Most Facebook Shared, and Most Tweeted Photo. As part of the rally, food will be collected for the Pantry. This is a great team building experience for families, employees, sports teams, and friends working together in a friendly competition.

If creating a team is challenging, sign up on Sundays to either be a driver or navigator. We will team people up so all can participate.

Cost is \$5 per Halloween costumed adult, kids under 18 free; \$7 per non costumed person or a bag of non perishable food (no glass please). Cash registration and pre-rally meeting is at 1:15 pm. (No pre-registration). Food and beverages will be served after the Rally, and prizes will be awarded. Please consider bringing extra cash for a 50/50 split, basket raffle and event t-shirt. Remember to gas up your car in advance.

Church members, if you are interested in T-shirts of the event, please consider pre-ordering with Karen Thompson. This way we can guarantee you will have one in the correct size. Sponsors donating a minimum of \$100 by October 5 can have their names printed on event t-shirts and can be a



scavenger hunt stop photo opportunity (optional) for fun and effective marketing. All donation amounts accepted and tax deductible.

If you would like to sponsor a car, the cost is \$15 per car. If your team wins a prize, the sponsor gets the same prize. Sponsors get a car by random draw.

Prizes will be awarded after the rally. Join in having refreshments with old and new friends, participate in the 50/50 and basket raffles, and enjoy the slide show of the participants and their grand adventures.

This will be a great community building event! Please join in the fun. We will also need people to be part of the rally team. If you are interested in helping on the day of the rally or before with other organizing tasks, please email Karen at kkuhn745@gmail.com

For more information, contact Karen by email (see above) or call 716-628-4384. Information about the rally is also available online at uuamherst.org, or on Facebook: Amherst Little Free Pantry.

Tired of Writing Checks?

Use online 'egiving' instead. Go to uuamherst.org and click on the 'Giving' tab in the top



right corner to get to our online giving page or go directly to unamherst.org/giving-3-2. There are resources and directions to get you started. You can make payments through a credit card or directly from your bank account. Call Camilla Lee in the office $(634-3010 \times 103)$ if you have questions.

NYS Convention of Universalists 193rd Annual Meeting/ Conference Saturday, October 26



Featuring Rv. Susan Frederick-Gray, president of the UUA as keynote speaker

First Universalist Church of Rochester www,NYSCU.org for information and registration



OCTOBER 2019 UU-UN NEWS

"The Rule of International Law and the U. N.'s Agenda 2030 "

October 24 is United Nations Day; that is because the U.N. Charter was adopted on that day in 1945 in San Francisco, California. United Nations Headquarters in New York City was not finished until 1952. 2019 is the seventy-fourth anniversary of the U.N. President Franklin Delano Roosevelt, America's 32nd President, is considered to be the "father of the United Nations." Every year, U.N. Day is celebrated at U.N. Headquarters in New York City and throughout the world. The Unites States of America should also participate in the celebration by dismantling our global empire and global military machine, and by thoroughly making the United Nations the focal point of our foreign policies.

What are the purposes of the United Nations? The main purposes are to save succeeding generations from the scourge of war, to reaffirm faith in fundamental human rights, to recognize the dignity and worth of the human person, to acknowledge the equal rights of men and women and nations large and small, to encourage respect for international law, to promote better standards of life in larger freedom, and to maintain international peace and security.

The United Nations is a noble, humanitarian experiment. Despite all the criticism of the organization, the U.N. has been a relative success. It has prevented another world war, promoted social progress, and is in the process of realizing its purposes, principles, and reforming itself.

Why is the actual United Nations so different from the U.N. Charter itself? This is a difficult question to answer. Almost all 193 U.N. Member States do not want to subordinate their sovereignty to the U.N. Consequently, the five permanent members of the U.N. Security Council do not want to elect a first-rate U.N. Secretary-General committed to realizing and strengthening the U.N. Charter. Also, the U.N. is a complex bureaucracy and its international civil service and peacekeepers have many inadequacies. There are also many other problems and dilemmas hampering the United Nations.

All this must change. To realize the U.N. Charter, the United Nations must possess the power to eliminate the scourge of war and promote human rights. To accomplish this, the U.N. must create its own effective system of collective security and a better means for promoting human rights. At the present time, universal and complete disarmament, and world peace under the U.N. auspices are, unfortunately, unfulfilled dreams.

Nevertheless, on United Nations Day, October 24, all 193 U.N. Member States and all people should resolve to translate the United Nations charter into reality in our troubled, inter-dependent world. The future of humanity depends on an effective United Nations and its ability to maintain international peace and security. The time to make this happen is now; otherwise the future of humanity is bleak, indeed. As H. G. Wells wrote in *The Outline of History,* "human history becomes more and more a race between education and catastrophe." The problems facing humanity are grave, but human reason and ingenuity can solve them.

David Slive, U.N. Envoy

UUCA GET COOKIN'!

with Christine Boczarska & Faith Pham, Caring For One Another Committee

Asparagus Soup Make 4-6 cups

2 lbs asparagus*
2 Tbl butter

2 medium yellow onions, diced

3 cloves of garlic, smashed

6 cups of chicken broth

Black pepper

2 Tbl lemon juice

1/4 cup grated parmesan cheese

Dill for garnish

In a stockpot, melt butter; cook onion and garlic until soft. Cut asparagus into 1/2" pieces. Add to the pot with chicken broth and pepper. Boil, cover, turn heat to low and simmer 30 minutes. Puree. Stir in lemon and cheese. Taste and adjust seasoning. Add tips to soup and serve. *Cook the asparagus for 2 minutes and plunge in cold water.





UU MEMEBERS GET-TOGETHER THIS MONTH



Young Adult Meet-up (Ages 18-35), Whitney Young Room, Sundays, Noon-1:30 pm

Come to the coffee hour in the Emerson Room for snacks and conversation. Contact Diane Bofinger, youngadults@uuamherst.org, or text 716-418-3272 for more information or to be added to the E-mail and texts lists for updates.



Caring for One Another, Emerson Room Tues, Oct 16, 1:30 pm

Volunteer group to help members in need: sick visits, ride to church, sending cards, etc. For information, contact Ron Palmere at



Support for Loss & Change Thu, Oct 17, 3:00 pm

All are welcome as we gather to support each other through life's difficult experiences.



UUCA Book Club, Living Room Sun, Oct 27, 1:30 pm



Just a reminder to save your Dash's receipts and put them in the collection box in the Donation Center in lobby. Proceeds from collecting these go to the Global African Village. More at globalafricanvillage.org.

Helpful Reminders

Be A Coffee Hero!

Sign up to help with coffee hour after services. Put your name on the sheet by the coffee pot on Sundays or contact Margot Shoemaker.

Sense-itivity is Appreciated!

We have many friends who have chemical sensitivities, whether due to asthma or allergies. We can be more welcoming and inclusive by refraining from wearing scents at church.

VOICE Buffalo's Annual Pecan Sale

Be sure to stock up on these crunchy treats for autumn baking! Visit their table in the Emerson Room, Sunday, October 4 at 11:30 am.

Equal Exchange Coffee

Available for purchase Sunday, October 13, 11:30 am-12 pm in the Emerson Room.

UUCA OCTOBER CALENDAR

Blue Mountain Meditation, every Tue, 7 pm (Reeb)
Planet Thursday, every Thu starting Oct. 3, 7 pm (Fahs)

Tue, Oct 1, 1:30 pm Women's Afternoon Study Group (LR)

We will read articles in the Fall issue of the UU World.

Thu, Oct 3, 12:00 pm ROMEO'S Lunch

Buffalo Brew Pub, 6861 Main St., Buffalo "Retired Old Men Eating Out." Come join us for good food and good discussion.

Fri, Oct 4, 7:00 pm

Cocktails & Conversation, The Cornerstone Bar & Grill, Clarence. Get together with fellow UU's, age 21+.

Sun, Oct 6

10:30 am Church

11:30 am VOICE Buffalo's Annual Pecan Sale (EM) **12:00** pm Young Adult Meet-up (Whitney Young)

12:00 pm Congregational Meeting (Chapel)

12:00 pm Little Free Pantry (LR)

1:30 pm Voice Lessons (Choir Room)

Tue, Oct 8, 12:30 pm

12:30 pm Current Events Lunch (EM)

7:00 pm Board of Trustees Meeting (Bullfinch)

Wed, Oct 9, 7:00 pm

Ministry Council (FD Office)

Sun, Oct 13

10:30 am Church

11:30 am Equal Exchange Coffee Sale (EM)

12:00 pm Young Adult Meet-up (WYR)

12:00 pm Future of Our Facilities Presentation (Chapel)

12:00 pm Poetry as Practice (Reeb)

1:30 pm Voice Lessons (Choir Room)

Tue, Oct 15

1:30 pm Caring for One Another (EM)

6:00 pm Endowment Trust Meeting (EM)

Wed, Oct 16, 1:30 pm

Social Justice Committee Meeting (LR/EM)

Thu, Oct 17, 3:00 pm

Support for Loss & Change (LR)

Sun, Oct 20

10:30 am Church

12:00 pm Young Adult Meet-up (WYR)

12:00 pm Future of Our Facilities Presentation

(Chapel)

1:30 pm Voice Lessons (Choir Room)

Sat, Oct 26, 1:00 pm

Road Rally & Scavenger Hunt

See page 8 of newsletter for details.

Sun, Oct 27

10:30 am Church

12:00 pm Young Adult Meet-up (WYR)

12:00 pm UUCA Book Club (DR)

1:30 pm Voice Lessons (Choir Room) **6:00 pm** Movie & The Minister (WYR)

"The Burning Times"

MORE PROGRAMS ONLINE

UUCA hosts a number of community groups each month as well as private services for a variety of occasions. See the complete calendar online at uuamherst.org/calendar.

NEW DOOR SECURITY POLICY STARTING OCTOBER 7TH

The portico door (Little Free Pantry location) will be EXIT ONLY. Entry will be through the main entrance at the back. The main entrance will remained locked if the building is unoccupied.

HAVE AN ANNOUNCEMENT?

Email: administrator@uuamherst.org

For Newsletter: by 10:00 am on the 16th

For Order of Service: by 10:00am Wed prior

For Website: two weeks prior to event

For all church list serve: daily during the week

For What's Up Wednesday: Tues by 11:00 am

OFFICE HOURS

Tuesday through Friday—9:00 am to 2:00 pm

Get ready for the

ROAD RALLYSCAVENGER HUNT!

Benefits Amherst Little Free Pantry

OCTOBER 26, 2019

See page 8 inside newsletter for details!





6320 Main Street Williamsville, NY 14221 634-3010 www.uuamherst.org